



CAPWHN

Canadian Association of Perinatal and
Women's Health Nurses

Association canadienne des infirmières et infirmiers
en périnatalité et en santé des femmes

2nd National Conference 2^e Conférence nationale

Hilton Saint John /
Saint John Trade and Convention Centre
Saint John, NB, Canada
October 18-20, 2012 • 18 au 20 octobre 2012



Photos courtesy of Discover Saint John

capwhn.ca

Thank you to our sponsors Merci à nos commanditaires

The Canadian Association of Perinatal and Women's Health Nurses gratefully acknowledges the following sponsors for generously providing unrestricted educational grants in support of the CAPWHN 2nd National Conference. / L'Association canadienne des infirmières et infirmiers en périnatalité et en santé des femmes (CAPWHN) remercie très chaleureusement les commanditaires suivants, qui nous ont offert des subventions éducationnelles sans restriction pour la deuxième conférence annuelle CAPWHN.

Platinum / Platine

The logo for Dräger, featuring the word "Dräger" in a bold, blue, sans-serif font.The logo for Johnson & Johnson Inc., featuring the words "Johnson & Johnson" in a red, cursive script font, with "INC." in a smaller, red, sans-serif font below it.

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Welcome to Saint John, New Brunswick and the CAPWHN 2nd National Conference!

On behalf of myself as President and the CAPWHN Board of Directors, we are pleased to welcome CAPWHN members and new friends to Saint John. I'd like to personally welcome each of you to the CAPWHN 2nd National Conference. It's an exciting time for CAPWHN as we continue to grow and adapt, always remaining motivated and leading changes in the areas of perinatal and women's health issues. Our organization represents nurses in a dynamic and ever-expanding specialty which demands innovative solutions. The world of perinatal and women's health nursing is an exciting area in which to work, and we will continue to bring inspired people together in forums like the National Conference to ensure CAPWHN members remain at the cutting edge of our specialty.

Please help me to thank the CAPWHN Atlantic members who have done an outstanding job of putting together this year's conference. Many of them are here to make sure your event is a memorable one. Our conference theme "Views from the Harbour: Navigating the Present and Charting the Future" sets the stage for an outstanding three days of innovative clinical and research updates in perinatal and women's health nursing, opportunities for networking and a fantastic social event with the Maritime Kitchen Party.

Welcome / Bienvenue!



Melanie Basso
President
CAPWHN

Quel plaisir de vous accueillir au Nouveau-Brunswick pour la deuxième Conférence nationale CAPWHN!

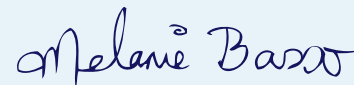
À titre de présidente de CAPWHN, j'ai l'honneur de vous souhaiter, au nom de notre conseil d'administration et en mon nom personnel, la plus cordiale bienvenue à Saint John pour notre deuxième Conférence nationale.

C'est avec effervescence que CAPWHN continue non seulement d'évoluer et de s'adapter, mais aussi de s'affirmer comme catalyseur du changement en périnatalité et en santé des femmes. Rien d'étonnant, car notre association représente une spécialité infirmière palpitante et de plus en plus importante dont le moteur doit être l'innovation. Et c'est pourquoi nos conférences nationales se poursuivront au fil des ans, pour nourrir votre inspiration et votre passion et vous garder ainsi à la fine pointe de notre spécialité.

Unissons aussi nos voix pour remercier nos collègues des Maritimes qui ont su organiser cet événement de main de maître. Plusieurs membres du comité organisateur sont d'ailleurs ici pour s'assurer que votre conférence soit des plus mémorables. Le thème cette année, Vues sur le large: maintenir le cap et planifier l'avenir, vous promet trois jours de découverte mettant pleins feux sur les nouveautés cliniques et scientifiques du domaine, sur le réseautage et sur un volet social tonifiant couronné par une grande « fête de cuisine » des Maritimes.

Encore une fois, bienvenue... et bonne conférence!

La présidente de CAPWHN,



Melanie Basso



Greetings from the Conference Planning Committee

On behalf of the Conference Planning Committee, we welcome you to Saint John and the 2nd National Conference of the Canadian Association of Perinatal and Women's Health Nurses (CAPWHN). We look forward to three days of learning, sharing, making and renewing friendships and professional networking in our practice of perinatal and women's health. Whether you are an educator, hospital or community health nurse, researcher, clinical nurse specialist or allied health professional we hope you will find the conference program to be educationally stimulating and motivational.

There are many opportunities to become involved in CAPWHN. To learn more, visit our CAPWHN exhibit table and attend your regional meeting on Thursday afternoon. Our Annual Business Meeting, as part of the conference program, will be held during breakfast on Saturday morning.

Take time to visit the exhibitors who have supported our conference. They will be demonstrating some of the most current innovations and technology for us. Track your exhibitor visits on your Market Gates pass card for a chance to win a great prize!

We have planned the conference program to allow time for you to enjoy the historic port city of Saint John and to have some fun. The conference centre is located downtown on the waterfront and there will be opportunities to walk or run the beautiful Harbour Passage, shop, and enjoy some great food. Plan to attend our Maritime Kitchen Party for some great Maritime hospitality!

We wish you a wonderful conference!

Judy Moore RN, BN, PNC(C)

M. L. Springer

Judy Moore RN BN, PNC (C) & Mary Lue Springer RN, BN
Co-Chairs, 2012 Conference Planning Committee

Un beau bonjour de la part du Comité organisateur!

Au nom du Comité organisateur, nous vous souhaitons la plus cordiale bienvenue à la deuxième Conférence nationale de l'Association canadienne des infirmières et infirmiers en périnatalité et en santé des femmes (CAPWHN).

Au menu encore cette année : trois jours d'apprentissage, de partage, de réseautage et de socialisation—trois jours dignes de notre mission comme spécialistes de la santé des femmes et des nouveau-nés. Peu importe le milieu dans lequel vous travaillez (enseignement, centre hospitalier, santé communautaire, recherche, profession de santé connexe), nous espérons sincèrement que la conférence vous procurera une expérience d'apprentissage des plus stimulantes.

Rappelons aussi que vous pouvez vous engager auprès de CAPWHN de plusieurs façons. Pour en savoir plus, visitez notre kiosque à la conférence et assistez à votre réunion régionale le jeudi en après-midi. Enfin, nous vous encourageons en outre à vous joindre à nous pour la réunion générale annuelle (prévue dans le cadre du programme) au petit-déjeuner du samedi matin.

N'oubliez pas non plus de rendre visite aux exposants, qui ont gentiment accepté d'appuyer notre conférence pour vous présenter bon nombre d'innovations et de nouveautés technologiques. Et en consignnant vos visites d'exposants sur votre carte Market Gates, vous courez la chance de gagner de très beaux prix.

Enfin, vous verrez que le programme vous réserve aussi du temps pour visiter la ville portuaire historique de Saint John et, tout simplement, pour vous amuser. La conférence ayant lieu en plein centre-ville et au bord de l'eau, vous pourrez explorer le magnifique Harbour Passage, faire la tournée des boutiques et, bien sûr, vous régaler dans les bistros et restos. Pour couronner le tout, venez baigner dans l'hospitalité désarmante de la région lors de l'incontournable « fête de cuisine des Maritimes »!

Encore, nos meilleurs vœux pour une conférence du tonnerre!

Judy Moore RN, BN, PNC(C)

M. L. Springer

Judy Moore et Mary Lue Springer
Co-présidentes du Comité organisateur
Conférence nationale 2012



Conference Goals

- Celebrate nursing expertise in the care of women and young families
- Reflect on present challenges in providing perinatal and women's health care
- Discuss innovative approaches for promoting women's and families' health in vulnerable populations
- Engage in developing new strategies for thriving in diverse workplaces

Continuing education hours for attendance at the CAPWHN National Conference are applicable for CNA Certification Renewal towards the Perinatal or other relevant specialty exam. Please maintain a copy of your attendance hours for this purpose.

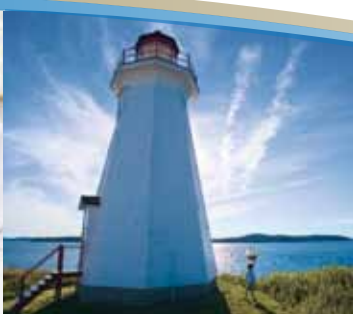
Objectifs de la conférence

- Célébrer l'expertise infirmière dans les soins prodigués aux femmes et aux jeunes familles
- Examiner les défis touchant la prestation de soins périnataux et de soins aux femmes
- Discuter d'approches novatrices servant à promouvoir la santé des femmes et des familles au sein de populations vulnérables
- Travailler à élaborer de nouvelles stratégies d'épanouissement dans des milieux de travail variés

Vous pouvez faire reconnaître votre assistance à la conférence nationale CAPWHN comme activité d'apprentissage continu auprès de l'AIIC et ainsi faire renouveler votre certification par voie de l'examen en périnatalité ou dans une spécialité connexe. Veuillez conserver une attestation de présence à cette fin.

CAPWHN Board of Directors / Conseil d'administration de CAPWHN

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CAPWHN 2nd National Conference Planning Committee Comité organisateur de la deuxième conférence nationale CAPWHN

Judy Moore, Conference Co-Chair / co-présidente
Mary Lue Springer, Conference Co-Chair / co-présidente

Program Committee / Comité du programme

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Rebecca Attenborough
Melanie Basso
Pam Burton
Julie Johnson
Vivian LeBlanc

Abstract Review Committee / Comité d'analyse des résumés

Erna Snelgrove-Clarke, Chair / présidente
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Geneviève Currie
Leeanne Lauzon
Vivian LeBlanc
Sonia Semenic
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Shelley Gallant
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Linda Logan
Barbara Mason

Conference Charities

This year we have chosen to support two charities in our community that assist and support women.

Hestia House

Hestia House is a shelter for abused women and their children. It offers a 24-hour distress line, counseling and referral to appropriate agencies and support groups for emotional, medical, legal, employment and housing needs. Its mission is to provide a safe supportive environment for women and their children who are victims of family violence and to provide opportunity for change.

First Steps Housing Project Inc

First Steps was developed in Saint John as a response to a high teen pregnancy rate and lack of support services for young women and their babies. First Steps provides a supportive environment where homeless young mothers (and their babies) can live, continue their education, further their personal development and gain skills required to thrive as individuals and as a parent. Through partnering with existing community services these young women are assisted to move from homelessness to self-sufficiency and a better quality of life.

We will have several fundraising activities over the course of the conference including a Silent Auction. We also ask that you keep any unused soap, shampoos or other hotel amenities to drop them off in the Charity donation boxes.



General Information

The following information is provided to help make your experience at the conference more enjoyable.

Legend: Saint John Trade and Convention Centre (TCC), Hilton Saint John (Hilton)

Registration Desk

The registration desk is located at the TCC Welcome Centre and will be open:

Wednesday, October 17, 2012	1700 – 1900
Thursday, October 18, 2012	0700 – 1800
Friday, October 19, 2012	0730 – 1800
Saturday, October 20, 2012	0730 – 1200

Babies Welcome

We are a baby-friendly conference and welcome all “babies in arms”.

Meals and Receptions

Continental breakfasts, breaks, lunches and receptions are provided for conference attendees throughout the 3 day conference. Conference nametags are required for admission. Attendance at the Opening Reception and/or Maritime Kitchen Party is also included in your registration. One drink ticket and/or dinner tickets are included in your registration package. Attendees who registered for a daily rate receive meals and receptions only on the day that they are registered.

CERPs (Continuous Education Recognition Points for IBCLCs)

The International Board of Lactation Consultant Examiners (IBLCE) has approved breastfeeding-related concurrent sessions for CERPs. A maximum of 10.75 CERPs are available: SS2, the October 19th Breastfeeding Keynote Presentation, CS04, CS07 (first presentation), CS10 (second presentation), CS14 (first presentation), CS18 and CS24. CERP certificates will be distributed following the conference based on the attendance sign-in sheets at the applicable sessions.

Community Support

The Conference Planning Committee is pleased to support the Hestia House and First Steps Housing Project Inc. Please give generously. Donation boxes are located at the registration table and Silent Auction table. Proceeds from the Toonie Trot are donated to the conference charities.

Généralités

Voici quelques renseignements pour vous aider à profiter davantage de la conférence.

Légende : Saint John Trade and Convention Centre (TCC), Hilton Saint John (Hilton)

Bureau d'inscription

Le bureau d'inscription se trouve au TCC Welcome Centre et sera ouvert :

Mercredi 17 octobre 2012	17 h – 19 h
Jeudi 18 octobre 2012	7 h – 18 h
Vendredi 19 octobre 2012	7 h 30 – 18 h
Samedi 20 octobre 2012	7 h 30 – 12 h

Bienvenue aux bébés

Vous êtes à une conférence « amie des bébés » : Tous les poupons y sont bienvenus.

Petits-déjeuners, pauses, repas du midi et réceptions

Les petits-déjeuners continentaux, pauses, repas du midi et réceptions vous sont offerts pendant les trois jours de la conférence. De plus, votre inscription comprend la réception d'ouverture, la « fête de cuisine » des Maritimes, un coupon pour une consommation et d'autres coupons pour le souper. Si vous avez opté pour l'inscription quotidienne, vous avez droit aux repas et aux réceptions seulement pour la journée en question. Vous devez porter votre insigne d'identité pour avoir accès à la conférence.

CERP (Points de reconnaissance d'éducation continue)

L'International Board of Lactation Consultant Examiners (IBLCE) a approuvé des séances simultanées liées à l'allaitement maternel aux fins des CERP. Vous pouvez en accumuler jusqu'à 10,75 : série SS2, conférence principale du 19 octobre sur l'allaitement, CS04, CS07 (première présentation), CS10 (deuxième présentation), CS14 (première présentation), CS18 et CS24. Pour obtenir votre certificat CERP en fin de conférence, assurez-vous de signer la feuille de présence aux séances en question.

Soutien communautaire

Le Comité organisateur est heureux d'appuyer Hestia House et le First Steps Housing Project Inc. Laissez parler votre générosité! Vous pouvez laisser vos dons dans les boîtes désignées au bureau d'inscription et à la table d'encan silencieux. Les recettes du Toonie Trot seront aussi versées aux deux organismes.



Concurrent Sessions

Rooms for concurrent sessions are assigned based on the session selections identified on your registration form. Please attend the sessions for which you registered (listed on the card behind your nametag).

Door Prizes

Draws for prizes occur throughout the conference. Winners must be present at the time of the draw to claim their prize.

Exhibitors

All conference delegates are encouraged to visit the exhibitors in the Loyalist Room of the TCC. Our exhibitors' support contributes greatly to the success of the CAPWHN National Conference. Exhibits are open from the Opening Reception, during all meals and breaks until Friday October 19th at 1300.

“Firsts of Saint John” Contest

Saint John is the oldest incorporated city in Canada and a city of many Firsts! A card is located in your delegate bag. Inside the “Gates” of the card, you will find questions about Saint John firsts. Every exhibitor at the conference has answers to one of the questions in the contest. Visit them all in order to learn about their organization or products and be eligible for the big prize draw.

Messages

For your convenience, a message board is located in the Great Hall Foyer at the TCC. Please use it to connect with new and old friends and don't forget to check it regularly.

Name Badges

Name badges must be worn at all times while at the conference. These are very helpful when networking with other delegates and clearly identify you as a conference delegate.

Posters

A fabulous array of research and clinical posters are being presented at the conference. Make time to visit the poster presentations in Marco Polo Room in the TCC to learn new information and findings from projects and initiatives from colleagues across the country. Poster presenters will attend their posters from 1230 - 1300 on Friday October 19th to answer any questions you may have. Awards for best posters are announced during the Saturday morning Awards Presentation.

Posters must be removed by 1330 on Saturday October 20th as poster boards must be dismantled at 1400. CAPWHN is not responsible for posters left behind.

Locaux pour les séances simultanées

Nous attribuons les locaux pour les séances simultanées à la lumière des formulaires d'inscription. Pour éviter les débordements, veuillez vous en tenir aux séances que vous avez choisies—vous les verrez d'ailleurs sur une fiche au verso de votre insigne d'identité.

Prix de présence

Les tirages ont lieu tout au long de la conférence. Votre présence est exigée au moment du tirage pour que vous puissiez réclamer votre prix.

Exposants

Nous vous encourageons à visiter nos exposants dans la salle Loyalist au TCC, dont le soutien contribue au succès de la Conférence nationale CAPWHN. Leurs kiosques sont ouverts à compter de la réception d'accueil pendant tous les repas et toutes les pauses jusqu'au 19 octobre.

Concours Firsts of Saint John

Saint John, la plus ancienne ville constituée du Canada, compte de nombreuses réalisations inédites. Votre trousse de conférence renferme une fiche et, à l'intérieur des « Barrières » sur la fiche figurent des questions sur ces réalisations. Chacun des exposants peut vous fournir la réponse à une des questions... Visitez leurs kiosques pour en savoir plus sur leurs activités ou produits et pour assurer votre admissibilité au grand tirage.

Messages

Un babillard se trouve au bureau d'inscription, au foyer du TCC. Veuillez le vérifier régulièrement pour y faire des retrouvailles ou de nouveaux contacts.

Insignes d'identité

Vous devez porter votre insigne en tout temps pendant la conférence. Cela favorise le réseautage et sert de preuve de votre inscription en bonne et due forme.

Affiches

Rendez-vous à la salle Marco Polo du TCC pour y voir la magnifique série d'affiches scientifiques et prendre connaissance des percées générées par les projets et les initiatives de vos collègues partout au pays—qui seront d'ailleurs auprès de leurs affiches le vendredi 19 octobre de 12 h 30 à 13 h pour répondre à vos questions. Les prix pour les meilleures affiches seront annoncés samedi matin lors de la remise des prix.



Receipt

A receipt for the conference is included in your registration kit.

Scent Free

CAPWHN is committed to providing a scent free environment. Please refrain from wearing any scented products.

Smoke Free

This conference is smoke free.

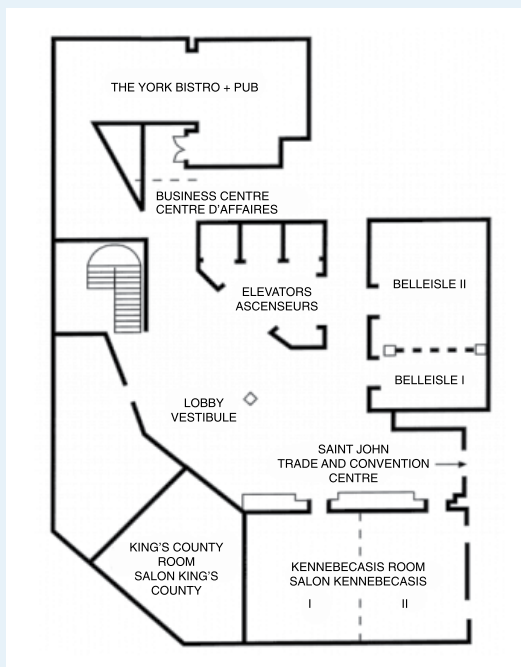
Tourism Information

Tourism information is available in your delegate kit and at the registration desk

Vendors Corner

CAPWHN has invited several popular local vendors for your convenience and shopping pleasure. Please visit the foyer of the TCC on Thursday and Friday from 1000-1700. A sample of items that is available includes books by local authors, fabulous homespun yarn, hand crafted local jewelry and many other gift items.

Hilton Saint John



Rappelons que les affiches doivent être retirées avant 13 h 30 le samedi 20 octobre car les présentoirs seront rangés dès 14 h. CAPWHN n'assume aucune responsabilité pour les affiches non retirées.

Reçu

Le reçu pour votre participation à la conférence est dans votre trousse d'inscription.

Sans parfum

CAPWHN reconnaît l'importance d'un milieu non odorant : Veuillez vous abstenir de porter des produits parfumés.

Sans fumée

Il est en outre interdit de fumer sur les lieux de la conférence.

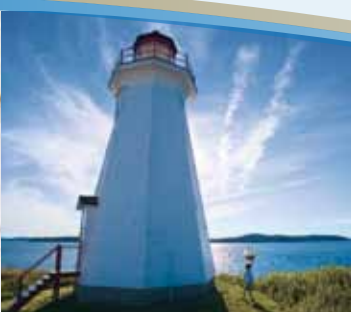
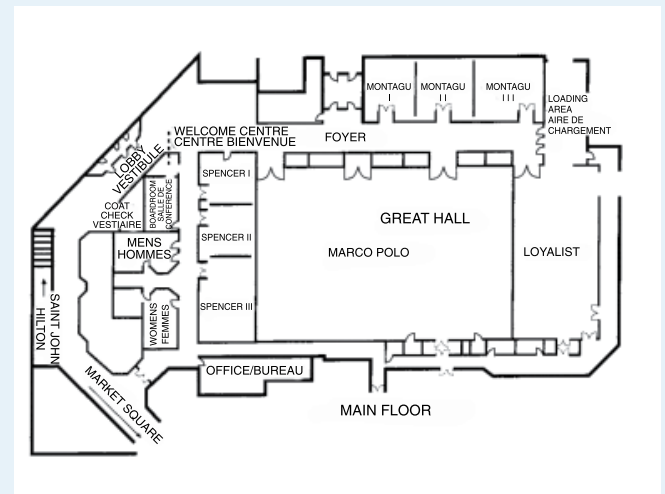
Tourisme

Vous trouverez des renseignements touristiques dans votre trousse et au bureau d'inscription.

Coin des marchands et fournisseurs

Plusieurs marchands locaux populaires vous proposent du magasinage agréable sur place dans le foyer du TCC de 10 h à 17 h le jeudi et le vendredi. Profitez-en pour acheter des livres d'auteurs locaux, des bijoux faits à la main, des produits de filature artisanale et d'autres jolis cadeaux.

Saint John Trade and Convention Centre



Program at a Glance / Survol du programme

Wednesday, October 17, 2012 / Le mercredi 17 octobre 2012

1700 - 1900	Registration Desk Open - TCC Welcome Centre
1830 - 2100	Pre-Conference Educators Workshop: Baby Skin Care in Clinical Practice – Montagu II Room By invitation only; dinner will be served Supported by an educational grant from Johnson & Johnson Inc.

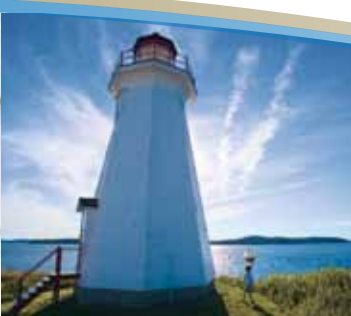
Thursday, October 18, 2012 / Le jeudi 18 octobre 2012

0700 - 1800	Registration Desk Open – TCC Welcome Centre
0730 - 0830	Breakfast with Exhibitors – Loyalist Room, TCC
0830 - 0900	Opening Remarks – Marco Polo Room, TCC
0900 - 1000	Keynote Presentation / Conférence principale : Defining Value – Navigating Difficult Waters and Setting Directions for the Future – Ann Sprague, RN, PhD – Marco Polo Room, TCC
1000 - 1030	Refreshment Break with Exhibitors – Loyalist Room, TCC
1030 - 1200	Keynote Presentation / Conférence principale : Nurses Grieve Too: Insights into Experiences with Perinatal Loss – Christine Jonas-Simpson, RN, PhD – Marco Polo Room, TCC
1200 - 1300	Lunch with Exhibitors – Loyalist Room, TCC
1315 - 1615	Specialty Sessions (see full program for session details) SS1 – Violence and Women’s Health – Marilyn Merritt-Gray, BN, MN and Judith Wuest, RN, BScN, MN, PhD – Montagu I & II, TCC SS2 – Allaitement / Breastfeeding – Isabelle Côté, inf., B.Sc., IBCLC – Marco Polo Room, TCC <i>Note that this session is offered in French with simultaneous interpretation. / Note : Séance présentée en français avec interprétation simultanée.</i> SS3 – Perinatal Nursing Certification – Melanie Basso RN, MSN, PNC(C) and Lucie Vachon, RN, BSc – Belleisle I & II, Hilton SS4 – Perinatal Accreditation – Patricia Gregory, RN, PhD and Barbara McGill, BN, MN – Spencer I & II, TCC SS5 – Program Evaluation – Nancy Carter, BA, MSc, PhD – Spencer III, TCC
1615 - 1700	Regional Meetings BC / AB / YT – Spencer I & II, TCC ON – Spencer III, TCC QC – Marco Polo Room, TCC SK / MB / NT – Belleisle I & II, Hilton NB / NS / PEI / NL / NU – Montagu I & II, TCC
1700 - 1800	Researchers’ Meet ’n Greet – Montagu I-III, TCC
1800 - 2000	Opening Reception Among the Exhibits – Loyalist Room, TCC



Friday, October 19, 2012 / Le vendredi 19 octobre 2012

0630 - 0730	Toonie Trot around Harbour Passage – meet in Hilton Lobby
0730 - 1800	Registration Desk Open – TCC Welcome Centre
0730 - 0830	Breakfast with Exhibitors – Loyalist Room, TCC
0830 - 0845	Greetings and Introductions – Marco Polo Room, TCC
0845 - 0945	Conférence principale / Keynote Presentation : Santé psychologique de la mère et la pratique du « peau à peau » : Quand la science nous prouve que la nature fait bien les choses / Breastfeeding – Skin-to-Skin Contact and the Psychological Health of the Mother – Isabelle Côté, inf., B.Sc., IBCLC – Marco Polo Room, TCC
0945 - 1015	Refreshment Break with Exhibitors – Marco Polo Room, TCC
1015 - 1145	Concurrent Sessions (see the full conference program for speakers and session details) CS01 – Quality Maternal-Newborn Care – Spencer III, TCC CS02 – Labour and Birth – Montagu II, TCC CS03 – Collaborative Practice – Spencer II, TCC CS04 – Breastfeeding – Belleisle I & II, Hilton CS05 – Women’s Health – Spencer I, TCC CS06 – Prenatal Alcohol Use – Montagu III, TCC
1145 - 1300	Lunch with Exhibitors – Loyalist Room, TCC
1230 - 1300	Poster Presentations with authors available for questions – Marco Polo Room, TCC
1300 - 1430	Concurrent Sessions (see the full conference program for speakers and session details) CS07 – Newborn-Centred Care – Spencer III, TCC CS08 – Prenatal Health Promotion – Spencer I, TCC CS09 – Nursing Education – Montagu II, TCC CS10 – Research – Mothers’ Experiences – Montagu I, TCC CS11 – Women’s Health – Montagu III, TCC CS12 – Labour and Birth: Assessing Risk – Belleisle I & II, Hilton
1430 - 1500	Refreshment Break – Great Hall Foyer, TCC
1500 - 1630	Concurrent Sessions (see the full conference program for speakers and session details) CS13 – Adolescents and Young Adults – Spencer III, TCC CS14 – Research – Mothers at Risk – Belleisle I & II, Hilton CS15 – Family-Centred Care – Montagu III, TCC CS16 – Innovative Approaches – Montagu I, TCC CS17 – Nursing Quality – Spencer I, TCC CS18 – Supporting Breastfeeding – Montagu II, TCC
1630 - 1800	Research Committee Launch – Belleisle I & II, Hilton
1800 -	Maritime Kitchen Party – Dine and dance the night away to the music of Big Fish! – Marco Polo Room, TCC



Saturday, October 20, 2012 / Le samedi 20 octobre 2012

0730 - 1200	Registration Desk Open – TCC Welcome Centre
0730 - 0845	Breakfast with CAPWHN Annual Business Meeting and Awards Presentations – Great Hall, TCC
0845 - 0900	Greetings and Introductions – Great Hall, TCC
0900 - 1000	Keynote Presentation / Conférence principale : Balancing the Scales: Promoting healthy weight management without blame or shame / Un juste équilibre : promouvoir le maintien d'un poids santé sans blâmer, sans abaisser – Sheri Price, RN PhD – Great Hall, TCC
1000 - 1015	Refreshment Break – Great Hall, TCC
1015 - 1145	Concurrent Sessions (see the full conference program for speakers and session details) CS19 – Models of Care – Belleisle I & II, Hilton CS20 – Nursing Education – Montagu III, TCC CS21 – Newborn Care – Montagu II, TCC CS22 – Patient Safety – Spencer III, TCC CS23 – Women's Health – Spencer I, TCC CS24 – Breastfeeding in Vulnerable Populations – Montagu II, TCC
1145 - 1330	Lunch and Keynote Presentation / Repas du midi et conférence principale : AWAKEN the Invisible to ACHIEVE the Impossible / ÉVEILLER l'invisible pour RÉALISER l'impossible – Martin Latulippe, CSP – Great Hall, TCC

Simultaneous interpretation will be available for all keynote presentations. / Note : L'interprétation simultanée est offerte pendant les conférences principales.



Conference Program / Programme

Wednesday, October 17, 2012 / Le mercredi 17 octobre 2012

1700 - 1900 Registration Desk Open – TCC Welcome Centre

1830 - 2100

Pre-Conference Educators Workshop:

Baby Skin Care in Clinical Practice

By invitation only; dinner will be served – Montagu II Room, TCC

Speakers / Conférenciers : Luisa Ciofani, MSc(A), RN, IBCLC, PNC(C), Past President, CAPWHN; Clinical Nurse Specialist, Women's Health Mission, Royal Victoria Hospital; McGill University Health Centre, Montreal, QC

David A. Mays, PharmD, MBA; Director, Global Scientific Engagement; Johnson & Johnson Consumer & Personal Products Worldwide; Skillman, NJ

This specialized session is specifically designed for nurse educators and focuses on providing the knowledge and tools necessary to facilitate adoption into clinical practice evidence-based approaches to baby skin care. Participants will be encouraged to share best practices with their colleagues and brainstorm possible solutions to current baby skin care challenges in a small-group and interactive setting, maximizing the opportunity for dialogue and peer-to-peer learning with nurses from different communities.

Based on results of previous needs assessments among CAPWHN/AWHONN members, it is clear that there is a high level of variability in cited baby skin care best practices, with conflicting recommendations common. Recognizing the important role and influence of nurse educators on daily practice, this session is being offered to help address this variability and

ensure that clinical baby skin care practice reflects the most recent evidence base. Cleansing practices, as well as promoting and maintaining a healthy skin barrier, will be explored. In addition, special attention will be provided to ingredient safety evidence, in order to help separate fact from common myth.

As a result of attending the session, participants will be able to share baby skin care best practices with colleagues, students, and parents with the aid of supporting tools, and identify baby skin care approaches and ingredients associated with optimal care.

Objectives:

By the end of this session, participants will:

- Be able to facilitate adoption into clinical practice evidence-based approaches to baby skin care through education and mentorship of colleagues and students
- Have the knowledge and tools to share with colleagues and students the basic science of baby skin care and baby skin care products (including safety testing), and articulate how science supports recommendations

Supported by an educational grant from

Johnson & Johnson
INC.

Thursday, October 18, 2012 / Le jeudi 18 octobre 2012

0700 - 1800 Registration Desk Open – TCC Welcome Centre

0730 - 0830 Breakfast with Exhibitors – Loyalist Room, TCC

0830 - 0900 Opening Remarks – Marco Polo Room, TCC

0900 - 1000 **Keynote Presentation /**
Conférence principale :

Defining Value - Navigating Difficult Waters and Setting Directions for the Future – Marco Polo Room, TCC

Speaker / Conférencière : Ann Sprague, RN, PhD / I.A., Ph.D.



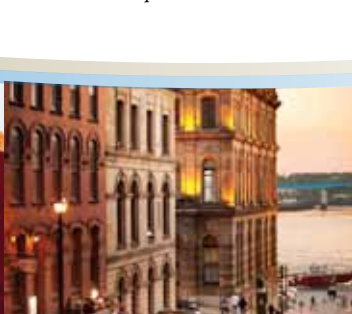
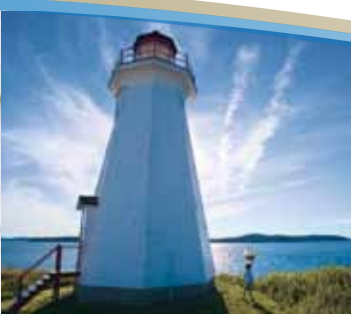
Perinatal and Women's Health Nurses can make a tremendous contribution to life-long health of the populations they serve. Our ability to do this however, especially within the

current economic climate, has challenges. This presentation will focus on an emerging paradigm in health care, that of VALUE for dollars spent – value for women, children and families and how outcomes tied to VALUE might look different than what we currently measure and see.

Comme spécialistes en soins périnataux et en santé des femmes, nous pouvons jouer un rôle clé dans la santé à long terme des populations que nous servons. Il reste que notre force de frappe, surtout dans le climat économique actuel, se heurte à divers défis. Cet exposé met pleins feux sur un nouveau « paradigme » en soins de santé : le rendement en fonction du coût, c'est-à-dire la valeur offerte aux femmes, aux enfants et aux familles et comment les résultats, lorsqu'on les associe à la valeur, peuvent différer de ce que nous constatons et évaluons à l'heure actuelle.

Learning Objectives / Objectifs d'apprentissage :

- To discuss the concept of 'value' within maternal-child and women's health / *Discuter du concept de valeur dans les soins à la mère et au nouveau-né et en santé des femmes*
- To outline the relationship between quality and value / *Décrire la relation entre qualité et valeur*



- To learn how nurses can promote quality and value to enhance outcomes / Apprendre comment nous pouvons promouvoir la qualité et la valeur afin d'améliorer les résultats

Since March of 2009, Ann has been the Scientific Manager for BORN Ontario. Ann has a long history of involvement in maternal child care initiatives at the regional, national, and international levels. She has an excellent track record with grant applications, publications, project and team leadership, and mentoring of students. She has a PhD from the University of Alberta and currently serves at the University of Ottawa as an adjunct professor. She conducts health services research and database research on a variety of maternal child topics. She also has a keen interest in privacy related to health databases and the protection of personal health information.

Depuis mars 2009, Ann est la directrice des travaux scientifiques chez BORN Ontario. Elle contribue depuis longue date à toutes sortes d'initiatives régionales, nationales et internationales en soins à la mère et au nouveau-né. Elle est en outre bien reconnue pour son expertise dans l'obtention de subventions, son dossier de publications, sa gestion habile de projets et d'équipes et son mentorat auprès des étudiantes et étudiants. Titulaire d'un doctorat (Université de l'Alberta), Ann enseigne actuellement à l'Université d'Ottawa comme professeure auxiliaire. Elle mène des recherches sur les services de santé et les bases de données visant toute une gamme de sujets associées aux soins de la mère et du nouveau-né. Elle s'intéresse beaucoup aux questions de confidentialité associées aux recours aux bases de données sur la santé et à la protection des renseignements personnels sur la santé.

1000 - 1030 Refreshment Break – Loyalist Room, TCC

**1030 - 1200 Keynote Presentation /
Conférence principale :**

Nurses Grieve Too: Insights into Experiences with Perinatal Loss – Marco Polo Room, TCC

Speaker / Conférencière : Christine Jonas-Simpson, RN, PhD / I.A., Ph.D.



Nurses' grief is significant and yet it is not often acknowledged nor discussed. Little attention is given to preparing nurses for this experience in schools of nursing and in orientations to healthcare organizations. To address these gaps, a research-based documentary exploring nurses' experiences of grieving entitled, Nurses Grieve Too, was produced. The purpose of this research was to explore nurses' experiences of grieving when caring for families who experienced perinatal loss. The objectives of this presentation are to present the making of Nurses Grieve Too and to launch the French subtitle version of our documentary. Findings from over 200 surveys that capture the impact of the film will be shared and explored in light of audience members' lived experiences of grieving in nursing praxis. Most importantly, it is hoped that this presentation will create a space for nurses to reflect upon and honour their own experiences of grieving.

Quoique bien réel et puissant, le deuil du personnel infirmier est rarement reconnu et discuté. La formation dans les écoles de sciences infirmières et les orientations dans les établissements de santé ne nous préparent pas vraiment à composer avec ce phénomène. Pour combler cette lacune, on a donc réalisé un documentaire à caractère scientifique, *Nurses Grieve Too*, sur le deuil ressenti par le personnel infirmier intervenant auprès de familles qui vivent une tragédie périnatale. Dans cet exposé, nous décrirons le tournage du documentaire et en lancerons la version avec sous-titres français. De plus, nous discuterons des résultats de quelque 200 sondages, forces vitales du film, et nous explorerons ces résultats à la lumière de vos propres expériences de deuil en pratique professionnelle. Nous espérons surtout que la présentation vous permettra de

réfléchir aux deuils que vous avez connus et de les reconnaître à leur juste valeur comme sentiments nobles et sincères.

Learning Objectives / Objectifs d'apprentissage :

- To present the making of Nurses Grieve Too and show the French subtitle version of this research-documentary (22 min). / Décrire le tournage du documentaire scientifique *Nurses Grieve Too* et présenter la version avec sous-titres français (22 min.)
- To present findings from over 200 surveys that capture the impact of the film and explore these findings in light of audience members' lived experiences of grieving in nursing praxis. / Présenter les résultats de plus de 200 sondages qui font la force du film, et explorer ces résultats à la lumière de vos propres expériences de deuil en pratique professionnelle
- To create a space for nurses to reflect upon and honour their own experiences of grieving. / Vous permettre de réfléchir aux deuils que vous avez connus et de les reconnaître à leur juste valeur comme sentiments nobles et sincères.

Christine Jonas-Simpson is an Associate Professor in the School of Nursing at York University. Christine received her baccalaureate degree in Nursing at McMaster University, her Master of Sciences in Nursing at University of Toronto and her PhD from Loyola University Chicago. Her program of arts-informed research is on living and transforming with loss. She is currently producing a research-based documentary series on experiences with perinatal loss. Three films have been produced thus far: *Nurses Grieve Too: Insights into Experiences with Perinatal Loss*; *Enduring Love: Transforming Loss and Why did baby die?: Mothering children living with the loss, love and continuing presence of a baby sibling* (hlln.ca/perinatalloss). She is currently working on her fourth documentary, funded by the Social Science and Humanities Research Council of Canada, exploring bereaved children's experiences of mourning the loss of a baby sibling. Christine volunteers for the Bereaved Families of Ontario-Toronto Infant Loss program and is also the author of a bereavement book for young children who experience the loss of an infant sibling entitled, *Ethan's Butterflies*.

Christine Jonas-Simpson est professeure agrégée à l'École des sciences infirmières de l'Université York. Elle a un baccalauréat en sciences infirmières (Université McMaster), une maîtrise en sciences infirmières (Université de Toronto) et un doctorat (Loyola University Chicago). Dans son programme de recherche fondé sur les arts, elle étudie comment les gens vivent et se transforment par suite d'un deuil. Elle réalise actuellement une série documentaire scientifique sur le deuil périnatal; jusqu'ici, trois films ont vu le jour : *Nurses Grieve Too: Insights into Experiences with Perinatal Loss*; *Enduring Love: Transforming Loss and Why Did Baby Die?; Mothering Children Living with the Loss, Love and Continuing Presence of a Baby Sibling* (hlln.ca/perinatalloss). Son quatrième film, qui est en production et est financé par le Conseil de recherches en sciences humaines du Canada, étudie la douleur qu'éprouvent les enfants à la mort d'un nouveau bébé dans leur famille immédiate. Christine est bénévole pour le Bereaved Families of Ontario-Toronto Infant Loss Program et elle est l'auteure de *Ethan's Butterflies*, un livre pour les enfants devant composer avec la mort d'un bébé dans leur famille.

1200 - 1300 Lunch with Exhibitors – Loyalist Room, TCC

1315 - 1615 Specialty Sessions (SS) / Séances spécialisées (SS)

**SS1 – Violence and Women's Health – Montagu I & II, TCC
Reframing Practice in the Context of Intimate Partner Violence**

Presenters: Marilyn Merritt-Gray, BN, MN and Judith Wuest, RN, BScN, MN, PhD

In this interactive workshop, participants will be challenged to consider how



intimate partner violence relates to their practice with women across the lifespan. Practice issues such as screening, harm reduction, trauma-informed care, and advocacy will be explored.

Learning Objectives:

- To reflect on the physical and mental health consequences of intimate partner violence based on longitudinal nursing research involving Canadian women.
- To gain a better understanding of women's strengths and agency as a basis for avoiding revictimization.
- To explore evidenced-based nursing strategies for fortifying women with abuse histories who are facing perinatal or GYN challenges.

Marilyn Merritt-Gray and Judith Wuest are retired professors and honorary research professors at the University of New Brunswick, Faculty of Nursing in Fredericton, New Brunswick. Their research focuses on women's health and intimate partner violence. Together with their colleagues, they have more than 25 publications focusing on intimate partner violence. They currently hold funding from the Canadian Institutes of Health Research and the New Brunswick Health Research Foundation for a feasibility study on a health intervention for women who have left abusive partners.

SS2 – Allaitement / Breastfeeding – Marco Polo Room, TCC

Obésité, Premières Nations et âge avancé : trois défis potentiels en allaitement / Obesity, First Nations and Advanced Age: Three Potential Breastfeeding Challenges

Conférencière / Presenter: Isabelle Côté, inf., B.Sc., IBCLC

Note that this session is offered in French with simultaneous interpretation. / Note : Séance présentée en français avec interprétation simultanée.

Obésité / Obesity: L'obésité est un problème de santé publique grandissant qui a malheureusement un impact négatif sur l'allaitement maternel. Cette présentation vous aidera à mieux accompagner ces mamans. / *Obesity is a growing public-health problem whose negative effects unfortunately extend to breastfeeding. This presentation is designed to help us provide better care and guidance to mothers facing this challenge.*

Durée / Length: 90 minutes

Premières Nations / First Nations: L'LIAB : un projet rassembleur avec un impact réjouissant pour toute la communauté Mohawk de Kanesatake (Québec). / *The BFI: a unifying project that has had an uplifting impact on the entire Mohawk community of Kanesatake, Quebec.*

Durée / Length: 45-60 minutes

Âge avancé / Advanced age: Aider les femmes de plus de 35 ans à allaiter : souvent un défi pour les intervenants! / *Helping women over 35 to breastfeed: a frequent challenge for health care providers!*

Durée / Length: 30 minutes

Objectifs d'apprentissage / Learning objectives:

Obésité / Obesity

- Connaître la protection de l'allaitement sur l'obésité de l'enfant / *Understand how breastfeeding protects against childhood obesity*
- Connaître l'impact de l'obésité des femmes sur leur allaitement et leur production de lait / *Understand how maternal obesity affects breastfeeding and milk production*

- Identifier des stratégies pour mieux accompagner les mamans obèses qui allaitent / *Identify strategies for providing better care and guidance to obese mothers who are breastfeeding.*

Premières Nations / First Nations

- Effectuer un bref historique du maternage et de l'allaitement chez les femmes autochtones / *Give a brief history of mothering and breastfeeding by Aboriginal women*
- Comprendre les enjeux spécifiques liés à la diminution de la pratique de l'allaitement chez cette clientèle depuis les dernières décennies / *Understand the specific issues related to the decreased practice of breastfeeding by these women in recent decades*
- Présenter le projet de l'Initiative des Amis des Bébés à Kanesatake, Québec (Mohawks) / *Present the Baby-Friendly Initiative (BFI) project in Kanesatake, Quebec (Mohawk community).*

Âge avancé / Advanced age

- Effectuer un survol des données probantes sur l'allaitement par des femmes plus âgées (>35 ans) / *Conduct an overview of the evidence on breastfeeding by older women (over 35 years of age)*
- Comprendre les défis rencontrés par les femmes allaitantes et par ceux intervenant auprès d'elles / *Understand the challenges faced by these breastfeeding women and by their health care providers*
- Identifier des stratégies pour mieux les accompagner / *Identify strategies for providing these mothers with better care and guidance.*

Isabelle Côté est infirmière bachelière et, depuis 2000, consultante en lactation diplômée de l'IBLCE. Elle travaille présentement à la Direction de la Santé Publique des Laurentides au Québec où elle a comme mandat principal de former les professionnels de la santé et les groupes d'entraide des établissements de santé de sa région dans le but d'obtenir la certification des Amis des Bébés (plusieurs sont déjà accrédités). Elle est également évaluatrice IAB. Elle a siégé jusqu'à l'automne 2010 au conseil d'administration de l'Association internationale des consultantes en lactation (ILCA) en tant que directrice des Affaires Externes ; elle était le lien avec des instances renommées telles que l'OMS, l'UNICEF, les Nations-Unies, WABA, etc. Elle a été présidente de l'Association canadienne des consultantes en lactation (CLCA/ACCL) de 2006 à 2008, après avoir été secrétaire aux membres pendant quatre ans. De plus, elle a une pratique privée qui la garde toujours en contact direct avec la clientèle. Elle est mère de quatre magnifiques enfants de 10 à 19 ans... tous allaités!

Isabelle Côté has a bachelor's degree in nursing and has been an IBCLC-certified lactation consultant since 2000. She currently works at the Public Health Directorate of the Laurentians in Quebec, where her main responsibility is to train health care professionals and support groups from regional health care centres in order for them to obtain the Baby-Friendly certification (several already are certified). She is also a BFI evaluator. Until fall 2010, she served on the board of directors of the International Lactation Consultant Association (ILCA) as director of External Affairs; she acted as the liaison with WHO, UNICEF, the United Nations, WABA and other world-renowned organizations. She was president of the Canadian Lactation Consultant Association (CLCA-ACCL) from 2006 to 2008, after being membership secretary for four years. She also has a private practice that keeps her in constant, direct contact with her clientele. She is the mother of four wonderful children, ranging in age from 10 to 19 years—and all breastfed!

SS3 – Perinatal Nursing Certification – Belleisle I & II, Hilton Striving for Nursing Excellence in Perinatal Nursing Through the CNA Certification Program

Presenters: Melanie Basso RN, MSN, PNC(C) and Lucie Vachon, RN, BSC



This session is designed to inform and assist Perinatal registered nurses preparing for the 2013 CNA Certification Exam. The content will focus on the CNA Certification process, use practice questions to familiarize applicants with the types of question on the exam and provide effective strategies to assist and guide studying.

Objectifs d'apprentissage / Learning objectives:

- To review the CNA Perinatal Certification Program
- To understand the benefits of perinatal certification
- To have hands on experience with how to prepare for the Perinatal Certification Exam
- To hear testimonials from certified nurses and be able to ask questions

Melanie Basso is the Senior Practice Leader-Perinatal for BC Women's Hospital and Health Centre in Vancouver, British Columbia. In her advanced practice nursing role, she is involved in advanced care planning for women with complex pregnancies and implementation of evidence-based practice from all domains of practice- clinical, research, administration and education. She is currently the President of the Canadian Association for Perinatal and Women's Health Nurses (CAPWHN), and a member of the Maternal-Fetal Medicine Committee and the RN Advisory Committee for SOGC, and a former faculty for the Sigma Theta Tau International Maternal Child Health Leadership Academy.

Lucie Vachon is currently Nurse Consultant of the CNA Certification Program and has been in that position since September 2007. Her main responsibilities are to promote the CNA Certification Program nationally and provide information and answers to candidates. Lucie completed a nursing degree from the University of Montreal and was CNA certified in gerontological nursing until 2012. Previously she has worked as staff nurse, nurse manager, director of nursing and coordinator of quality assurance in health care facilities in Montreal and Ottawa.

SS4 – Perinatal Accreditation – Spencer I & II, TCC
Required Organizational Practices - The Bridge to Successful Accreditation

Presenters: Patricia Gregory, RN, PhD and Barbara McGill, BN, MN

This interactive workshop will review the required organizational practices related to Accreditation Canada's Obstetrical Service. Participants will identify opportunities, challenges and strategies related to the implementation of the Required Organizational Practices and meeting Accreditation Canada Standards. Participants will gain the perspective of an experienced Accreditation Canada surveyor.

Learning Objectives:

- Review Required Organizational Practices (ROP) imbedded in the Obstetrical Standards as set out by Accreditation Canada.
- Identify opportunities and challenges in meeting the ROP's in the obstetrical standards.
- Share and discuss strategies and tools implemented to address ROP's.

Patricia Gregory completed her diploma in Nursing at Vanier College in Montreal, QC, her Bachelor of Nursing and Master of Nursing at the University of Manitoba. She is currently a PhD candidate in Applied Health Sciences at the University of Manitoba. Patricia is Program Director for Women's Health at the Winnipeg Regional Health Authority and holds an appointment at the Faculty of Nursing at the University of Manitoba. Her research is in the area of prenatal care both in terms of women's experiences with prenatal care and access to care. Patricia was the CAPWHN representative to Accreditation Canada for the revision of the Standards in 2011.

Barbara McGill completed her Diploma of Nursing at St. Joseph's Hospital, Saint John, New Brunswick, her Bachelor of Nursing at the University of New Brunswick and Master of Nursing at Dalhousie University. Her career progressed

from staff nurse in several specialties, head nurse, senior administrative positions such as CNO of Atlantic Health Sciences Corporation, VP of several programs including Community Programs, Planning and Patient Programs and retired in 2008 as Acting CEO of Atlantic Health Sciences Corporation. She has been a surveyor for Accreditation Canada since 1995.

SS5 – Program Evaluation – Spencer III, TCC
Logic Models and Theory of Change Models: Useful Tools for Describing and Explaining Your Work

Presenter: Nancy Carter, BA, MSc, PhD

Logic models and theory of change models are both tools commonly used by evaluators to describe and explain the theory underlying a program, organization, or committee. They are visual representations of the process of how activities in a program are intended to lead to outcomes and goals being achieved. This presentation takes the form of a workshop that explains the value of theory of change and logic models in a variety of workplace contexts including as tools for communication, strategic planning, monitoring, assessment, learning and evaluation. Participants will receive theoretical knowledge and practical experience as we work through the process of developing sample models.

This workshop is introductory in nature and is suitable for individuals with little or no experience with this topic as well as those who have limited experience and would like to learn more.

Learning Objectives:

- Distinguish between logic models and theory of change models and understand the complementary nature of these planning and evaluation tools.
- Understand benefits of logic models and theory of change models.
- Develop skills in creating both types of models to better understand program theory.

As Director, Evaluation Services, Nancy provides guidance and advice to catalyze evaluation initiatives for Nova Scotia's health system. Her role is to facilitate the collection and use of information and knowledge for assessment and decision making purposes within the health system. Nancy holds a PhD in Organizational Behaviour and Human Resource Management from the University of Toronto's Rotman School of Management, as well as a Bachelor of Arts and a Master of Applied Social Psychology from Memorial University of Newfoundland. Nancy's doctoral dissertation work investigated workers' experience of performing necessary evils in the workplace. Other broad research interests include ethical issues in organizations, organizational evaluation processes, evidence-based/informed decision making, organizational culture, and knowledge use and dissemination in organizations.

1615 - 1700 Regional Meetings

British Columbia / Alberta / Yukon – Spencer I & II, TCC
 Saskatchewan / Manitoba / Northwest Territories – Belleisle I & II, Hilton
 Ontario – Spencer III, TCC
 Quebec – Marco Polo Room, TCC
 Atlantic Provinces / Nunavut – Montagu I & II, TCC

1700 - 1800 Researchers' Meet 'n Greet – Montagu I-III, TCC

Are you a researcher, graduate student, or simply interested in learning more about Canadian perinatal and women's health nursing research? Come meet and connect with nurses engaged in research from across the country, and hear about their research interests and activities.

1800 - 2000 Opening Reception Among the Exhibits – Loyalist Room, TCC



Friday, October 19, 2012 / Le vendredi 19 octobre 2012

- 0630 - 0730 Toonie Trot around Harbour Passage – meet in Hilton lobby**
- 0730 - 1800 Registration Desk Open – TCC Welcome Centre**
- 0730 - 0830 Breakfast with Exhibitors – Loyalist Room, TCC**
- 0830 - 0845 Greetings and Introductions – Marco Polo Room, TCC**

0845 - 0945 Conférence principale / Keynote Presentation : Santé psychologique de la mère et la pratique du « peau à peau » : Quand la science nous prouve que la nature fait bien les choses / Breastfeeding – Skin-to-Skin Contact and the Psychological Health of the Mother – Marco Polo Room, TCC

Speaker / Conférencière : – Isabelle Côté, inf., B.Sc., IBCLC (see SS2 for biography / voir la section SS2 pour le profil)



Note that this session is offered in French with simultaneous interpretation. / Note : Séance présentée en français avec interprétation simultanée.

How do skin-to-skin contact and breastfeeding affect a mother's psychological well-being? By better understanding the role of hormones produced during breastfeeding and skin-to-skin contact, we can explore ways to help new mothers safeguard their mental health and, as such, prevent depression.

Quel est l'impact du contact peau à peau et de l'allaitement sur la santé psychologique de la mère? Une meilleure compréhension du rôle des hormones sécrétées pendant l'allaitement et le peau à peau stimulera la réflexion pour aider les nouvelles mères à protéger leur santé mentale et ainsi prévenir la dépression.

Learning Objectives / Objectifs d'apprentissage :

- Stimulate reflection on the relationship between the psychological health of the mother, skin to skin contact and breastfeeding through a discussion about the hormonal impact of these practices.
- *Stimuler la réflexion sur le lien entre la santé mentale de la mère, le contact peau à peau et l'allaitement au moyen d'une discussion sur l'impact hormonal de ces pratiques.*

Abstract / Résumé

1. Postnatal depression / *Dépression postnatale :*
 - a. Prevalence / *Prévalence*
 - b. Signs and symptoms / *Signes et symptômes*
 - c. Risk factors / *Facteurs de risque*
 - d. Causes
 - e. Impacts on infant care and child development / *Effets sur le soin des bébés et sur le développement de l'enfant*
 - f. Treatments / *Traitement*

2. Breastfeeding and depression / *Allaitement et dépression*
3. Role of hormones (oxytocin, GI peptides, cortisol, catecholamine, endorphins) / *Rôle des hormones (ocytocine, peptides GI, cortisol, « catécholamines », endorphines)*
4. Non-breastfeeding / *Non-allaitement*

0945 - 1015 Refreshment Break – Loyalist Room, TCC

1015 - 1145 Concurrent Sessions (CS) / Séances simultanées (CS)

CS01 – Quality Maternal-Newborn Care – Spencer III, TCC
Quality Maternal-Newborn Care – Are You Providing It?

Ann Sprague, RN, PhD

Presenter: Ann Sprague

Purpose: To provide an overview of what quality care means and how to measure quality care in maternal newborn care.

Learning Objectives:

- To define quality care.
- To discuss measurement of quality care in the maternal-newborn context.
- To discuss how a system of audit and feedback can help nurses with quality improvement strategies.

Building Strong Leadership Teams in Obstetrics with the MORE^{OB} Program

Kimani Daniel, RN, M.Sc. (A), IBCLC, PNC(c); Jodi Tuck, RN, M.Sc. (A), PNC(c) and Line Pinsonneault, RN, B. Sc(N), M.Ed.

Presenter: Kimani Daniel

Purpose: To share strategies for effective interprofessional leadership teams, using the experience of the Core Team involved in implementation of the MORE^{OB} program.

Learning Objectives:

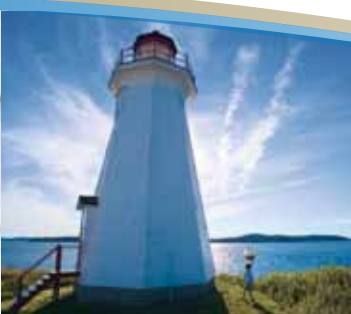
- To present current, evidence-based strategies for building effective leadership teams and characteristics of successful leadership teams.
- To describe the development of the Core Team responsible for implementation of the MORE^{OB} program at our hospital.
- To share our successes and lessons learned about team functioning through the MORE^{OB} program.

CS02 – Labour and Birth – Montagu II, TCC
Navigating the Challenge of Patient Flow in an Obstetrical Triage Area

Nancy Watts, RN, MN, PNC (C); Kathryn Wodrich, RN, PNC (C)

Presenters: Nancy Watts and Kathryn Wodrich

Purpose: To develop an acuity scale for Obstetrical Triage that is tested for validity and reliability with ongoing feedback from all health care providers working in the area.



Learning Objectives:

- To demonstrate an acuity scale based on the C-TAS tool that has been adapted for Obstetrical use.
- To show an evaluation of the tool based on randomly generated clinical scenarios scored by ten experienced triage nurses.
- To understand the process of implementation and many course corrections required to enable staff to change with a process such as Obstetrical Triage.

Predictors of Emergency Caesarean Birth Among International Migrant Women to Canada

Anita Gagnon, PhD; Lisa Merry, PhD Student; Kristen Haase, PhD Student

Presenter: Lisa Merry

Purpose: To determine the predictors of emergency caesarean birth among international migrant women in 1 of 12 hospitals in the 3 largest migrant-receiving Canadian cities.

Learning Objectives:

- To advance our understanding of the state of migrants internationally with regards to predictors of emergency caesarean birth.
- To be able to identify migrant women potentially at risk of emergency caesarean birth.
- To gain greater understanding of the medical and non-medical factors contributing to emergency caesarean births among migrant women.

CS03 – Collaborative Practice – Spencer II, TCC Charting the Future for Perinatal Nursing Practice through the Development of Provincial Collaborative Care Guidelines

Leeanne Lauzon, RN, MSc, PNC(C)

Presenter: Leeanne Lauzon

Purpose: The purpose of this presentation is to introduce interdisciplinary Perinatal Collaborative Care Guidelines created in Nova Scotia, and to discuss the process involved in their development.

Learning Objectives:

- Discuss the implementation of the Model of Care Initiative in perinatal units across Nova Scotia.
- Introduce the practice resource: Collaborative Care Guidelines for RNs, LPNs, and Assistive Personnel Providing Maternal & Newborn Care.
- Describe the development of this practice resource and next steps.

Imagine If There Were No ‘Cracks’ to Fall Through: The Clinical Nurse Specialist (CNS) Role in Perinatal and Women’s Care

Sarah Parkinson, RN, MScN, PNC (c); Heather Strasser, RN, MScN; Nancy Watts, RN, MN, PNC (c)

Presenters: Sarah Parkinson and Heather Strasser

Purpose: The purpose of this presentation is to examine how three Clinical Nurse Specialists working within a large tertiary care centre Women’s program came together to address the needs of our most vulnerable clients and families. Through education on this unique and dynamic nursing role, we were able to increase our patient care to approximately 50% of our time and provide consultation and coordination of care to the most complex perinatal clients across the continuum.

Learning Objectives:

- To learn about the role of the Clinical Nurse Specialist in Perinatal and Women’s Care.
- To review the increasing complexities of providing care to women and families today.
- To understand the benefits of advanced care planning on the perinatal team, women and their families.

CS04 – Breastfeeding – Belleisle I & II, Hilton Implementing the Baby-Friendly Initiative in Hospital and Community Settings: Challenges and solutions

Sonia Semenic, RN, PhD; Danielle Groleau, PhD; Katherine Gray-Donald, PhD; Linda Bell, RN, PhD; Laura Haiek, MD, MPH; Julie Lauziere; Luisa Molino, MSc

Presenter: Sonia Semenic

Purpose: To identify challenges and successful strategies for implementing the Baby-Friendly Initiative (BFI) in hospital and community health settings in Quebec.

Learning Objectives:

- Review the components and impact of the BFI on breastfeeding outcomes at both the organizational and population-level.
- Describe common challenges to implementing Baby-Friendly practices in different types of health care settings.
- Discuss successful strategies for enhancing implementation of the BFI, targeting different levels of the health care system (health policy, organizational, and individual care providers).

Bringing Breastfeeding Back to the Bedside: Enhancing Outcomes for Patients & Staff

Susan Guest, RN, MN, IBCLC; Julie Tagi, RN, BScN, MN; Dina Da Rosa, RN, BScN; Raylene Macleod, RN, BScN, IBCLC, PNC(C); Tammy McBride, RN, BScN, IBCLC

Presenters: Susan Guest and Julie Tagi

Purpose: To improve timely breastfeeding support to inpatients and improve outpatient access through the implementation of key strategies to enhance nursing ownership and confidence in their ability in providing breastfeeding support.

Learning Objectives:

- To understand the historical context and challenges faced on an inpatient postpartum unit in providing breastfeeding support.
- To identify key strategies and enablers that assist in the successful handover of breastfeeding to the postpartum nurse.
- To understand the outcomes and evaluation of this process change and its future implications and next steps.

CS05 – Women’s Health – Spencer I, TCC Promoting Heart Health in Vulnerable Populations of Women

Diane Middagh, BScN, MN, NP (F) EQ; Natasha Prodan-Bhalla, BScN, MN, NP(A) EQ

Presenter: Diane Middagh



Purpose: To present learnings from a community based heart health primary prevention initiative for women.

Learning Objectives:

- Gain increased knowledge about the development of a place based heart health primary prevention initiative.
- Increase understanding of a community engagement process with vulnerable populations of women.
- Practical applications of implementing similar initiatives in other communities.

Test Your Contraception IQ

Ashley Waddington, BSc, MD

Presenter: Ashley Waddington

Purpose: While human sexuality has remained a constant over time, contraception options have evolved significantly. This interactive workshop will take you through a series of multiple choice questions that lead to answers and discussions.

Learning Objectives:

- Ensure that you are familiar with various contraceptive options including indications, contra-indications and efficacy.
- Effectively troubleshoot common challenges associated with contraceptive use.
- Choose the most appropriate contraceptive options for patients with various medical conditions.

CS06 – Prenatal Alcohol Use – Montagu III, TCC

Exploring Nova Scotia Women’s Experiences of Alcohol Use, Counseling and Support in Pregnancy

Annette Elliott Rose, RN, MN, PhD (c); Glenda Carson, PhD, RN, PNC(C), IBCLC; Kathy MacPherson, RN, BN; Nancy Edgcombe, RN, PhD; Robert McInerney, PhD

Presenters: Glenda Carson, Annette Elliott Rose and Kathy MacPherson

Purpose: The purpose of the study was to explore Nova Scotia pregnant women’s use of alcohol, as well as their experiences with prenatal care provider assessments, counseling and support.

Learning Objectives:

- Describe possible relationships between alcohol use in pregnancy and variables such as support, education, age, beliefs, stressors and barriers.
- Review the validity and reliability of a pilot survey tool.
- Explore education, assessment and counseling strategies to address alcohol use in pregnancy.

PEI Meconium Study: The Incidence of Prenatal Alcohol Exposure on PEI

Janet Bryanton, RN, PhD; Donna Walsh, RN, BN; Mary Jean McCarthy, RN, MN; Bonnie Fraser, RN, BScN; Diane Boswall, RN, BN; Bridget Freeman, MB BS; Joey Gareri, MSc; Kathy Bigsby, MD, FRCPC

Presenters: Janet Bryanton and Margaret Barrett

Purpose: To conduct an anonymous, provincial study to determine the incidence of prenatal fetal alcohol exposure in PEI newborns and compare this to Island women’s self-reported prenatal alcohol use.

Learning Objectives:

- Participants will be able to discuss FASD and the importance of its prevention.
- Participants will develop an understanding of the use of meconium screening for maternal drinking during pregnancy.
- Participants will be able to discuss the incidence of maternal drinking in one province over a 1 year period and its implications.

1145 - 1300 Lunch with Exhibitors – Loyalist Room

1230 - 1300

Poster Presentations with Authors Available for Questions (see Poster Presentations section for details) – Marco Polo Room

1300 - 1430 Concurrent Sessions (CS) / Séances simultanées (CS)

CS07 – Newborn-Centred Care – Spencer III, TCC

Initiating Breastfeeding on a Postpartum Unit with a Late Preterm Infant Feeding Protocol: Mothers’ Experiences and Health Care Provider Practices

Ginette Alicia Aucoin, RN, MScA(c), IBCLC; Sonia Semenic, RN, PhD; Luisa Ciofani, RN, IBCLC, M.Sc.(A), PNC(c)

Presenter: Ginette Aucoin

Purpose: The aim was: (1) to explore the infant feeding experiences of mothers of late preterm infants (LPI) who initiated breastfeeding, and (2) to examine the extent to which a LPI feeding protocol was being implemented into practice.

Learning Objectives:

- Present the findings of a mixed methods study, which sought to understand the experiences of mothers of late preterm infants who initiated breastfeeding on a postpartum ward.
- Contribute to a better understanding of the feeding outcomes and specific needs for breastfeeding support among this vulnerable population.
- Inspire nurses-researchers to examine the care practices or breastfeeding outcomes among the LPI population.

From NICU to the Mother-Baby Unit: Safety First!

Barbara Wheeler, RN, BN, MN, IBCLC; Laurie Bobula, RN, BN, IBCLC

Presenters: Barbara Wheeler and Laurie Bobula

Purpose: To ensure that transfer from NICU or the transition nursery to the Mother Baby Unit occurs as soon as it is safe to do so, while ensuring optimal quality care for infants at risk.

Learning Objectives:

- Discuss short-term monitoring/care in NICU or the transition nursery: who needs it?
- Outline strategies to ensure comprehensive sharing of information upon transfer to the Mother-Baby Unit.
- Discuss evidence-informed care practices for infants after transfer to the Mother-Baby Unit.



CS08 – Prenatal Health Promotion – Spencer I, TCC
The Effect of Acid-Reducing Medication on the Psychosocial Morbidity Associated with Nausea and Vomiting in Late Pregnancy

Jennifer Kramer, MN, RN; Nazeem Muhajarine, PhD; Angela Bowen, PhD, RN

Presenter: Jennifer Kramer

Purpose: To investigate the relationship between acid-reducing medication, psychosocial health, and nausea and vomiting in late pregnancy.

Learning Objectives:

- Describe the relationship between two common conditions in pregnancy: acid reflux/heartburn and nausea and vomiting.
- Gain an understanding of the prevalence and severity of nausea and vomiting in late pregnancy, as well as its impact on psychosocial well-being.
- Apply current evidence to the treatment and support of women suffering from nausea and vomiting of pregnancy.

Family Practice Nurses and Smoking Cessation Interventions for Pregnant Women

Christina Cantin, RN, PNC(C), MScN (in progress); Wendy Peterson, RN, PhD; Barbara Davies, RN, PhD; Kirsten Woodend, RN, PhD

Presenters: Christina Cantin and Wendy Peterson

Purpose: To present findings from a research study regarding nurse-provided smoking cessation interventions for pregnant women; and to reinforce the importance of implementing all aspects of evidence-based guidelines.

Learning Objectives:

- To understand the unique opportunities and challenges of smoking cessation during pregnancy.
- To discuss nursing practice related to smoking cessation counselling for pregnant women.
- To discuss strategies to more fully implement smoking cessation evidence-based guidelines for pregnant women.

CS09 – Nursing Education – Montagu II, TCC
Simulated Learning Experience (SLE) in Maternal Newborn Nursing Education

Lisa Keenan-Lindsay, RN, BScN, MN, LCCE, PNC(C)

Presenter: Lisa Keenan-Lindsay

Purpose: To share the challenges and opportunities of using simulated learning experiences (SLE) for students in maternal newborn nursing.

Learning Objectives:

- To review the application of the use of simulated learning within nursing education.
- To discuss the goals of SLE within maternal newborn simulation in a first year nursing course.
- To explore the learning that takes place in SLE as well as the challenges in a first year nursing course.

Cameras, Conversations, and Collaboration: Using Photovoice to Develop an E-Learning Resource to Support Nursing Students' Understanding of Perinatal Mood Disorders

Gerri Lasiuk, RPN, RN, BA(Psych), MN, PhD, CPMHN(C); Susan Prendergast, NP, MN; Corrie Rhyasen-Erdman, MA

Presenter: Gerri Lasiuk

Purpose: To describe the development of an innovative electronic-learning resource to support nursing students' understanding of mood problems during pregnancy and the postpartum period.

Learning Objectives:

- To review the frequency, identification, and interventions for mood problems during pregnancy and the postpartum period.
- To understand women's experience of living with a perinatal mood problem through photovoice.
- To consider the use of participatory action and photovoice methods for developing and disseminating empirically-based practice knowledge.

CS10 – Research – Mothers' Experiences – Montagu I, TCC
Moving Here, Moving There: Women's experience of transfer while having a baby

Cathy Ringham, RN, BSN; Karen MacKinnon, RN, PhD

Presenters: Cathy Ringham and Karen MacKinnon

Purpose: To present completed research exploring women's experience of transfer as they are having their babies, funded by the CAPWHN Small Grants program.

Learning Objectives:

- Describe how the transfer process impacts women's experience of childbirth.
- Identify processes organizing the transfer of childbearing women and their newborns when requiring higher levels of care.
- Discuss the direction of future research on the organization of transfer for perinatal and neonatal patients.

What Variables Predict Aboriginal Mothers' Breastfeeding Self-Efficacy?

Karen McQueen, RN, PhD; Ken Allan, RN, MPH; Lee Sieswerda, MSc

Presenter: Karen McQueen

Purpose: The purpose of this secondary data analysis was to determine which variables predict Aboriginal mothers' breastfeeding self-efficacy in the early postpartum period.

Learning Objectives:

- Discuss the influence of mothers' breastfeeding self-efficacy on breastfeeding outcomes.
- Describe variables predictive of breastfeeding self-efficacy in the early postpartum period.
- Identify nursing interventions that may be implemented to target the salient predictive variables.



CS11 – Women’s Health – Montagu III, TCC

Miscarriage: Respecting the Loss

Vivian LeBlanc, MN

Presenter: Vivian LeBlanc

Purpose: Recognizing the Pain of Miscarriage.

Learning Objectives:

- To demonstrate how early prenatal loss is a significant event in a family’s life.
- To educate participants of the importance of individual grief support.
- To share ideas on the instrumental and emotional assistance nurses can give families experiencing miscarriage.

Moncton City Hospital Sexual Assault Nurse Examiner (SANE) Program’s Evolution

Delcia Brideau, BScN, RN, SANE-A, SANE-P

Presenter: Delcia Brideau

Purpose: Inform and share participants on SANE Program.

Learning Objectives:

- Awareness of SANE Program.
- Understanding the purpose and the benefits of a SANE Program.
- Provide support and references.

CS12 – Labour and Birth: Assessing Risk – Belleisle I & II, Hilton **Using Scalp Lactate to Assess for Fetal Acidemia in Labour**

Melanie Basso, RN, MSN, PNC(C)

Presenters: Melanie Basso and Ivy Fernando

Purpose: To disseminate knowledge gained from the implementation of this innovative and reproducible best practice project.

Learning Objectives:

- Gain understanding of the pathophysiology of using lactate to assess fetal status in labour.
- Gain understanding of how the use of this tool can help improve maternal and fetal outcomes in the presence of an atypical or abnormal tracing.
- Obtain knowledge of how to implement this assessment tool in your own institutions.

Reducing the Rates of Elective Repeat Caesarean Section for Low-Risk Women Less than 39 Weeks Gestation – A Collaborative Quality Performance Initiative

Sandra Dunn, RN, PhD; Ann Sprague, RN, PhD; Jessica Dy, MD, FRCSC; JoAnn Harrold, MD, FRCPC; Deshayne Fell, MSc; Marie-Josée Trépanier

Presenter: Sandra Dunn

Purpose: To present the results of a developmental indicator project to reduce the rates of elective repeat caesarean section for low risk women less than 39 weeks gestation (ERCS <39).

Learning Objectives:

- Describe the risks to the newborn of doing elective repeat caesarean sections for low risk women <39 weeks gestation.
- Discuss the rates of ERCS <39 weeks before and after implementation of the project in the Eastern Ontario region.
- Describe the knowledge translation strategies to improve practice and barriers and facilitators to change across the region.

1430 - 1500 Refreshment Break – Great Hall Royer, TCC

1500 - 1630 Concurrent Sessions (CS) / Séances simultanées (CS)

CS13 – Adolescents and Young Adults – Spencer III, TCC **Health Norms in Pregnancy: Experiences of Young Women**

Jessica Reszel, RN, BScN; Wendy Peterson, RN, PhD

Presenter: Wendy Peterson

Purpose: The purpose of this presentation is to share the experiences of young single pregnant and parenting women regarding the dominant health norms during pregnancy.

Learning Objectives:

- To increase understanding of young single women’s perception and experience of behavioural expectations during pregnancy.
- To increase understanding of the sources and channels through which such behavioural expectations are communicated as perceived by young women.
- To increase understanding of the unique experiences of young single women in making (or not making) expected behavioural changes during pregnancy.

‘I’m Someone, Not Just a Punk Kid!’: The Experience of Adolescent Fatherhood

Jill Cousins, MScN; Marilyn Evans, PhD, Assistant Professor, Arthur Labatt Family School of Nursing, University of Western Ontario; Trish Tucker, PhD, Assistant Professor, School of Health Studies, University of Western Ontario

Presenter: Jill Cousins

Purpose: To disseminate research findings from the hermeneutic study, The Lived Experience of Adolescent Fatherhood.

Learning Objectives:

- Gain an appreciation of the need for knowledge concerning the population of adolescent fathers.
- Understand the experience of adolescent fatherhood from the perspective of adolescent fathers.
- Identify practice considerations for providing care/support for this population.

CS14 – Research – Mothers at Risk – Belleisle I & II, Hilton **Mother’s Milk and Mother’s Tears: A Phenomenological Study of Breastfeeding Experiences in Women with Postpartum Depression**

Tonia Olson, RN, MN (Candidate); Lorraine Holtlander, RN PhD; Angela Bowen, RN PhD

Presenter: Tonia Olson



Purpose: The aim of the present research is to explore the lived experience of breastfeeding in women with postpartum depression, and to come to understand what it means for these women to feel supported by registered nurses.

Learning Objectives:

- To give participants insight into the lived experience of breastfeeding in mothers with postpartum depression.
- To encourage participants to use a “breastfeeding friendly” approach to depression.

Beyond the Incubator: The Experiences of Mothers of Newborns with Neonatal Abstinence Syndrome

Jodie Murphy-Oikonen, MSW, RSW, PhD Candidate

Presenter: Jodie Murphy-Oikonen

Purpose: The purpose of this phenomenological study is to describe the lived experiences of mothers of newborns with NAS.

Learning Objectives:

- Conference participants will gain an understanding of current literature on Neonatal Abstinence Syndrome.
- Conference participants will gain an understanding of the experiences of mothers of infants with NAS through thematic analysis of the interviews.
- Opportunities for clinical intervention to improve outcomes will be discussed.

CS15 – Family-Centred Care – Montagu III, TCC

Understanding Staff Nurse and Assistant Nurse Manager Beliefs in, and Practice of, Family-centred Care and the Facilitators and Barriers to its Implementation

Luisa Ciofani, RN, M.Sc.(A), IBCLC, PNC(C); on behalf of the Clinical Nurse Specialist - Family-Centred Care Research Group of the McGill University Health Centre

Presenter: Luisa Ciofani

Purpose: To explore the practice of family-centred care in a large multi-centre university hospital.

Learning Objectives:

- To define patient and family-centred care.
- To explore barriers and facilitators which influence nurses’ ability to practice family-centred care.
- To discuss how family-centred care contributes to patient safety.

Creating a Win-Win Solution: Optimizing Family-Centred Care While Decreasing Length of Stay

Susan Guest, RN, MN, IBCLC; Julie Tagi, RN, BScN, MN; Dina Da Rosa, RN, BScN; Raylene Macleod, RN, BScN, IBCLC, PNC(C)

Presenters: Julie Tagi and Susan Guest

Purpose: To outline benefits of a care by parent model that decreases length of stay and optimizes family-centred care.

Learning Objectives:

- To understand complexities and challenges in decreasing length of stay on an inpatient postpartum unit.
- To outline the care by parent model that optimizes family involvement in care and the role of the interprofessional team and organizational collaboration to make this model successful.
- To understand the impact of this model on key metrics and next steps in evaluation.

CS16 – Innovative Approaches – Montagu I, TCC

Perinatal Nursing Experiences in Uganda: Improving Care and Developing Collaborative Partnerships through an International Outreach Program

Kimberley Ross, RN, BScN, PNC(C); Marnie Buchanan, RN, HBScN; Jacqueline Barrett, RN, MHSc; Mary Griffiths, RN, BScN; Jessica Fry, HBKin, MSc, PMP

Presenter: Kimberley Ross

Purpose: To describe collaborative Perinatal Nursing experiences on the ground in Uganda, through the lens of St. Joseph’s Health System’s International Outreach Program.

Learning Objectives:

- Learn about the evolution of Nursing within St. Joseph’s Health System’s International Outreach Program.
- Gain new knowledge about Perinatal Nursing in Uganda, with a focus on maternal mortality, patient safety and quality.
- Develop an understanding of the complexities of delivering healthcare in resource challenged environments.

Having a Baby? Click Here...

Kristine Robinson, BScN, RM, MSc; Lisa Albensi, BN, MN; Cheryl Bell, BN

Presenters: Lisa Albensi and Cheryl Bell

Purpose: To describe an innovative approach to preparing women for birth at our hospital using a virtual tour format and website design.

Learning Objectives:

- Discuss the challenges of preparing women for their birth experience when many do not attend prenatal classes and some travel from rural and remote parts of our province to give birth.
- Describe the process we used to develop a virtual tour of our maternity unit-from conceptual development of project, script development to final completion and launch of the project.
- To discuss preliminary feedback from families on our new approach to providing information about giving birth at our hospital.

CS17 – Measuring Quality – Spencer I, TCC

Improving System Functioning Through Standardized Definitions of Levels of Maternal-Newborn Care

Sandra Parker, RN, BScN, MA Ed; Dr. Henry Roukema, Neonatologist and Director of Nurseries, London Health Sciences Centre; Marilyn Booth, Executive Director, Provincial Council for Maternal and Child Health

Presenter: Henry Roukema



Purpose: Having defined and standardized levels of maternal and newborn care across organizations in Ontario, quality of care can be achieved, assessed and compared over time.

Learning Objectives:

- To highlight the work of the interdisciplinary expert panels assembled by the Maternal Newborn Advisory Committee in enabling system changes, resulting in practice and workflow improvements.
- To understand the process of engaging key stakeholders in implementing the recommendations of the expert panel.
- To understand the impact of this work on the maternal and newborn care across Ontario.

Navigating the Clinical Audit Process through Charted and Uncharted Waters: A review of cesarean section in Nova Scotia

Rebecca Attenborough, RN, MN; Annette Elliott Rose, RN, MN, PhD (c); Leeanne Lauzon, RN, MSc, PNC(C); Julie Johnston, RN/NP, MN

Presenters: Rebecca Attenborough and Leeanne Lauzon

Purpose: The purpose of this presentation is to discuss current CQI processes used in cesarean section audit and to describe the development, application and evaluation of complementary clinical audit tools.

Learning Objectives:

- Review cesarean section rates and implications in Nova Scotia and Canada.
- Discuss current Continuous Quality Improvement processes and the use of Robson's 10 -group method.
- Introduce and appraise innovative clinical audit tools that may be used to better comprehend the factors and challenges influencing cesarean birth.

CS18 – Supporting Breastfeeding – Montagu II, TCC

Development and Evaluation of an Approach Based on Maternal Sensitivity to Support Breastfeeding

Linda Bell, Ph.D.; Marie Lacombe, Ph.D.

Presenters: Linda Bell and Marie Lacombe

Purpose: To evaluate the acceptability, feasibility and effect of an intervention based on maternal sensitivity to support breastfeeding.

Learning Objectives:

- Examine the importance of maternal sensitivity in the breastfeeding experience.

- Understand the use of a pragmatic quasi experimental design to study breastfeeding.
- Examine the effect of an intervention on maternal sensitivity on anxiety, sensitivity and the duration of breastfeeding.

Step-by-Step into the Future in New Brunswick

Donna Brown, BN, RN, IBCLC

Presenters: Donna Brown and Isabelle Mélançon

Purpose: Highlight what has happened in NB to move Baby-Friendly Initiative forward. NB has been known to have low breastfeeding rates and high rates of obesity/diabetes. We are taking steps to protect the present and future health.

Learning Objectives:

- Appreciate the context and challenges of implementing BFI across a sparsely populated and bilingual province.
- Describe an array of strategies for implementing the BFI best practices.
- Recognize and explore the impact of social media as a source of support.

1630 - 1800 Research Committee Launch – Belleisle I & II, Hilton

Facilitator: Sonia Semenic, RN, PhD

CAPWHN's newly-formed Research Committee is ready to set sail, and we need your input and ideas for how CAPWHN can strengthen Canadian perinatal and women's health nursing research! All conference participants are welcome to join this open session, to discuss and share ideas related to:

- The specific needs, challenges and opportunities for Canadian perinatal and women's health nurses engaged in research,
- How CAPWHN can help build links among Canadian perinatal and women's health research from coast-to-coast, and
- The creation of a CAPWHN journal.



1800 - Maritime Kitchen Party – Dine and dance the night away to the music of Big Fish! – Marco Polo Room, TCC

1800 - 1830 Reception

1830 - Kitchen Party

Saturday, October 20, 2012 / Le samedi 20 octobre 2012

0730 - 0845 Breakfast with CAPWHN Annual Business Meeting and Awards Presentations – Great Hall, TCC

0845 - 0900 Greetings and Introductions – Great Hall, TCC

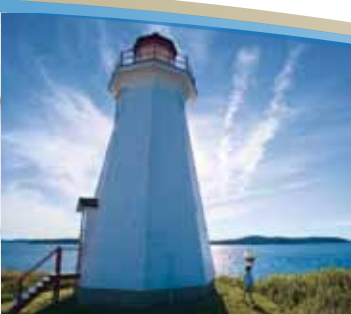
0900 - 1000 Keynote Presentation / Conférence principale :

Balancing the Scales: Promoting healthy weight management without blame or shame / Un juste équilibre : promouvoir le

maintien d'un poids santé sans blâmer, sans abaisser – Great Hall, TCC

Speaker / Conférencière : Sheri Price, RN, PhD / I.A., Ph.D.

Obesity and weight-related issues are significant and growing health concerns, particularly for women. Unfortunately, the health care system struggles to address this issue or to offer appropriate support.



This presentation will share the results of a recently completed study on weight management in the health care system. This study involved interviews with a range of stakeholders around weight management - individuals living with obesity (mainly women), health care providers and policy makers. The presentation will describe some of the challenges experienced by women as they navigate the health system, and will incorporate a short drama, the script for which was developed from interview transcripts. This innovative approach will provide an important opportunity for delegates to explore their own attitudes to weight management and to identify solutions for improving how health care providers address this important health issue.

L'obésité et les problèmes liés au poids posent des défis de santé de plus en plus importants, surtout chez les femmes. Malheureusement, le système de santé a du mal à traiter de la question et à offrir le soutien qui s'impose. Dans cet exposé, on présente les résultats d'une étude récente sur la gestion du poids dans le système de santé. Les données découlent d'entrevues avec de nombreuses personnes devant traiter de la gestion du poids, y compris des personnes obèses (surtout des femmes), des professionnels de la santé et des décisionnaires. L'exposé décrit certains des problèmes auxquels les femmes font face au moment de faire appel au système de santé; on vous présente en outre une courte illustration dramatique dont le scénario est inspiré des notes d'entrevues. Grâce à cette approche novatrice, vous pourrez bien explorer vos propres perceptions et attitudes en ce qui concerne la gestion du poids et déterminer comment les professionnels de la santé peuvent mieux s'y prendre pour aborder ce défi de santé.

Learning Objectives / Objectifs d'apprentissage :

Following the session, participants will have / Grâce à la séance, vous :

- gained an appreciation of the multiple perspectives that influence weight management in the health system / *comprendrez davantage les nombreuses perspectives qui influent sur la gestion du poids dans le système de santé*
- gained an understanding of the importance of a supportive relationship for weight management / *comprendrez l'importance d'une relation compatissante dans la gestion du poids*
- developed insight into their own attitudes around weight management. / *en saurez plus sur vos propres attitudes à l'égard de la gestion du poids.*

Dr. Price is an Assistant Professor with the School of Nursing at Dalhousie University and holds an adjunct Faculty appointment with the Lawrence S. Bloomberg Faculty of Nursing in Toronto, Ontario. Dr. Price is also a Nurse Scientist in the Women's Health Program at the IWK Health Centre in Halifax, Nova Scotia and is the President of the Halifax YWCA. Her program of research has been focused predominantly in the areas of health services, women's health and nursing work environments. She currently serves as co-investigator on several nationally-funded research studies and she has published and presented her work nationally and internationally.

Sheri Price est professeure adjointe en sciences infirmières à l'Université Dalhousie ainsi que professeure auxiliaire à la Lawrence S. Bloomberg Faculty of Nursing à Toronto en Ontario. Elle travaille en outre comme infirmière scientifique pour le programme de santé des femmes du IWK Health Centre à Halifax en Nouvelle Écosse et occupe le poste de présidente du YMCA de cette même ville. Ses travaux de recherche visent surtout les services de santé, la santé des femmes and les milieux de travail du personnel infirmier. Elle participe actuellement comme co-chercheuse à plusieurs études financées au niveau national, et elle a publié et présenté les résultats de ses recherches partout au Canada ainsi qu'à l'étranger.

1000 - 1015 Refreshment Break – Great Hall, TCC

1015 - 1145 Concurrent Sessions (CS) / Séances simultanées (CS)

CS19 – Models of Care – Belleisle I & II, Hilton

The Birth of a New Model of Care for Complex Obstetrical and Gynecology Patients

Sharon Dore, RN, PhD; Debbie Turner, RN, BScN; Trudy Cooper, RN, BA; Ann Cotton, RN, BScN, MEd; Erin Jamieson, RN, BScN; Marilynne Oskamp; Karen Prine, RN, B Hlth Sc. (Nurs), MHSM

Presenters: Sharon Dore and Trudy Cooper

Purpose: To share our experience of building and navigating women through a new model of care.

Learning Objectives:

- To understand how patient care data can be used to determine a new service model.
- To identify key success factors in developing a new model of care.
- To follow the patient's journey through the new model of care.

An Innovative Integrated Healthcare Delivery Approach for the New McGill University Health Centre – SESSION CANCELLED

The Father Friendly Initiative within the families: An Innovative Integrated Healthcare Approach towards Fathers and their Families in the Perinatal Period

Presenter: Francine de Montigny

Purpose: The Father Friendly Initiative within the Family (FFIF) program was developed in order to empower health professionals to support father involvement, and ultimately prevent child abuse and neglect. This presentation will describe the FFIF, its implementation in a region of Quebec, Canada, and evaluation strategies and results. Discussion will explore the implications for nursing practices towards fathers as well as for policy development for the support of father involvement.

Learning Objectives:

- Describe the Father Friendly Initiative within the families, its development, implementation and evaluation in a region of Quebec.
- Explore the implications of the FFIF for nursing practices towards fathers and their families.
- Reflect on the smallest change that can be made in their practice and/or work environment to become a Father-Friendly environment.

CS20 – Nursing Education – Montagu III, TCC

Leaving Safe Harbors: Anchoring International Nursing Practice in Undergraduate BSN Programs

JoAnne Yearley, RN, BSN, MN, PNC(C); Leslie Sundby, RN, BSN, MN

Presenter: JoAnne Yearley

Purpose: Participants will learn how undergraduate nursing programs can facilitate and support BSN student participation in international field schools, specifically in Ghana, West Africa.

Learning Objectives:

- Discuss the rationale for offering international nursing practice experiences in undergraduate programs.
- Learn how we prepared ourselves, the students, and our practice partners for the Ghana Field School.



- Explore the 3rd year BSN student and faculty experience of international nursing practice.

Sharing Nursing Knowledge through Story Based Learning

Karen MacKinnon, PhD, RN; Pertice Moffitt, PhD, RN

Presenter: Karen MacKinnon

Purpose: To share an innovative strategy for sharing nursing knowledge with undergraduate nursing students.

Learning Objectives:

- To learn about how Story Based Learning can be used to teach woman centred care.
- To learn about how the Story Based Learning Model has been used both online and in the classroom.
- To learn how experienced nurses can contribute by sharing our passion about nursing with childbearing families.

CS21 – Newborn Care – Montagu II, TCC

Parents' Perceptions Regarding a NICU Discharge Preparation Program

Natasha Burnham, BSc Food, Nutrition and Health; MSc(A) Nursing (pending); Nancy Feeley, RN, PhD Senior Researcher at the Nursing Research Centre at the Jewish General Hospital; Kathryn Sherrard, RN, MSc(A) Clinical Nurse Specialist, NICU Nursing Consultant

Presenter: Natasha Burnham

Purpose: To disseminate the final results from an ongoing qualitative study that seeks to obtain parents' perceptions concerning the content of a feasible and acceptable NICU discharge preparation program.

Learning Objectives:

- To gain an in depth understanding of parents' perceptions of their needs for preparing for discharge from the NICU.
- To highlight information and experiences that parents found helpful in enhancing their readiness for discharge.
- To explore potential ways of enhancing discharge preparation using parents' suggestions and looking ahead at future directions for research.

Persuasive Knowledge Exchange: A Strategy to Facilitate Interprofessional Shared Decision Making

Sandra Dunn, RN, PhD; Betty Cragg, RN, PhD; Ian Graham, PhD; Jennifer Medves, RN, PhD; Isabelle Gaboury, PhD

Presenter: Sandra Dunn

Purpose: To present the results of a mixed methods study that explored the process of interprofessional shared decision making (IPSDM) in NICU.

Learning Objectives:

- Describe barriers to IPSDM and implications for practice in NICU.
- Discuss the components of IPSDM and the key roles involved in this model of decision making.
- Discuss the use of persuasive knowledge exchange as a strategy to facilitate IPSDM.

CS22 – Patient Safety – Spencer III, TCC

Charting a Course Through Murky Waters: A Best Practice Guideline for Infant Safe Sleep

Vicki Bassett, RN, PNC (C), BNSc, Med, IBCLC; Janet Chee, RN, BScN, MN

Presenter: Vicki Bassett

Purpose: To discuss the development of a Best Practice Guideline for Infant Safe Sleep, given the controversies, inconsistencies, and challenges surrounding this issue.

Learning Objectives:

- To review the relevance of safe sleep practice as it relates to the prevention of Sudden Infant Death Syndrome (SIDS).
- To provide a broad overview of the safe sleep guideline recommendations.
- To discuss a nursing approach that addresses safe sleep controversies and supports parents in informed decision making.

Venous Thromboembolism (VTE) Prophylaxis: Implementation of an Accreditation Canada Standard

Melanie Basso, RN, MSN, PNC(C); Nancy Kent, Maternal Fetal Medicine; Sophie Clarke, Internal Medicine; Simon Massey, Anesthesiologist

Presenter: Melanie Basso

Purpose: To disseminate knowledge gained from the implementation of this project to meet Accreditation Canada standards.

Learning Objectives:

- Gain understanding of the evidence for implementing VTE prophylaxis for postpartum women.
- Gain understanding of how the use of this the required operational practice to guide your implementation.
- Obtain knowledge of how to implement this project in your own institutions.

CS23 – Women's Health – Spencer I, TCC

Reducing Barriers to Cervical Cancer Screening for First Nations women

Lerinda Swain, RN; Lenore Riddell, MSN, NP(F) EQ, PhD (c); Diane Middagh, MN, NP(F) EQ

Presenters: Lenore Riddell and Diane Middagh

Purpose: To present a best practice model that integrates First Nation communities level of readiness to address health issues of women.

Learning Objectives:

- Describe a partnership model between stakeholders which facilitates the health of First Nations women in their home community.
- Identify culturally appropriate strategies of engaging First Nation women in cervical cancer screening.
- Appreciate the community engagement model of care.

Intimate Frontiers: Teaching Pelvic Exams – SESSION CANCELLED



**CS24 – Breastfeeding in Vulnerable Populations – Montagu I, TCC
Charting the Future to Support Breastfeeding When a Mother is
Acutely Ill and Hospitalized**

Jo Watson, PhD, RN(EC), IBCLC; Sue Hermann, RN, MN, IBCLC; Billarar Johnson, RN, MN

Presenters: Jo Watson, Sue Hermann and Billarar Johnson

Purpose: The purpose of this presentation is to describe an innovative program to protect and promote breastfeeding when a woman is acutely ill and hospitalized.

Learning Objectives:

- To describe strategies to promote breastfeeding when women are ill and hospitalized.
- To be familiar with one policy guiding care when a sick breastfeeding mother is admitted to the hospital.
- To describe strategies to promote breastfeeding when women are ill and hospitalized.
- To be familiar with one policy guiding care when a sick breastfeeding mother is admitted to the hospital.
- To describe one centre's experience caring for breastfeeding women admitted to medical, surgical and intensive care units through case study presentation.
- To share a hospital wide policy to support breastfeeding when women are ill and hospitalized.

**When Two Worlds Collide: Supporting Breastfeeding Women
Diagnosed with Breast Cancer**

Sue Hermann, RN, MN, IBCLC, PNC(C); Beth Nolson, RN, IBCLC

Presenters: Sue Hermann and Beth Nolson

Purpose: To raise awareness of the possibility of breast cancer in lactating women. To provide strategies to support women through diagnosis and weaning.

Learning Objectives:

- State the incidence, types of breast cancer and breast cancer treatment for women diagnosed with breast cancer during lactation.
- Review the care map and partnership with the Regional Cancer Centre for referring suspicious breast lumps and infections.
- Identify ways to advocate for and support a woman with a diagnosis of breast cancer during lactation.



**1145-1330 Lunch and Keynote Presentation /
Repas du midi et conférence principale :
AWAKEN the Invisible to ACHIEVE the Impossible /
ÉVEILLER l'invisible pour RÉALISER l'impossible –
Great Hall, TCC**

Speaker / Conférencier : Martin Latulippe, CSP



In this very interactive and touching keynote, discover the exceptional power of attitude, your ultimate legacy towards life. Are you looking to totally AWAKEN the best attitude of your organization, your employees and your members to the height of your GREATEST aspiration? Look no further! In this session, you will discover:

- The exceptional power of ATTITUDE, our ultimate legacy towards life;
- What we focus on expands! How to awaken our full potential so we don't spend our life living in a mental wheel chair;
- Living your passion is a privilege but living with passion is a choice;
- The best strategies to manage the most important human resource available on the planet: yourself.
- Schedule a date to improve and to change your life or become crazy!

Dans cette conférence des plus interactives et émouvantes, découvrez l'exceptionnel pouvoir de l'attitude, votre legs ultime à la vie. Vous voulez littéralement ÉVEILLER l'attitude de votre entreprise, de vos employés ou de vos membres à la hauteur de vos plus hautes aspirations? Cette conférence sera votre meilleur investissement pour y parvenir.

Pour ce faire, cette conférence sera concrètement en mesure d'animer et d'éveiller une meilleure productivité, une meilleure performance et une meilleure attitude en milieu de travail tout en conscientisant vos participants sur les enjeux et les solutions face au stress.

Martin Latulippe CSP is a four-time Best Selling author and a highly acclaimed inspirational and motivational speaker in the field of human potential.

Martin was blessed to receive a second chance after surviving a dramatic hockey accident at the 2001 World University Games, in Poland, where Martin was the captain of the Canadian university hockey team and where Canada won the silver medal. Since then, Martin has dedicated his life to helping individuals, teams and organizations to create and master transformational thinking.

Martin Latulippe CSP est l'auteur de quatre best-sellers et est un conférencier expert en motivation de renommée internationale dans le domaine du potentiel humain.

C'est après avoir frôlé la mort de quelques millimètres en recevant un coup de patin à la gorge lors des Universiades 2001, en Pologne, que cet ancien capitaine de l'équipe canadienne de hockey universitaire décida de s'investir dans la poursuite d'un rêve que plusieurs personnes considéraient inatteignable et impossible.



Poster Presentations / Présentations par affiches

PP01

Interprofessional Collaboration in Primary Maternity Care: Highlighting perinatal nurses' unique contributions to the care of women, newborns and families

Annette Elliott Rose, RN, MN, PhD (c); Gail Tomblin Murphy, RN, PhD

Presenter: Annette Elliott Rose

PP02

Bouncing Forward: Factors Correlated With Family Hardiness Among Inner-City Women

Suzanne Lennon, RN, BN; Maureen Heaman, RN, PhD

Presenter: Suzanne L. Lennon

PP03

Navigating Through the Waters of Patient Safety and Quality: Innovative Nursing Approaches to Staying on Course

Jacqueline Barrett, RN, MHSc; Marnie Buchanan, RN, HBScN; Laura Doull, RN, BScN, MScN (c); Steve French, B.Comm., MBA; Louena MacInnis, RN, BScN, MHSc (c); Patricia Wilson; Doris DeSantis, RN

Presenters: Jacqueline Barrett and Kimberley Ross

PP04

Nurse-IBCLCs : A Way Forward in Breastfeeding Support

Brigitte Maillet, BSc, MSc, MSc(A) candidate; Tatiana Luchianic, BSc, MSc, MSc(A) candidate; Irene Sarasua, N., MSc(A), PNC(C), IBCLC; Kimani Daniel, N., MSc(A), IBCLC, PNC(C)

Presenters: Irene Sarasua and Kimani Daniel

PP05

Evaluation Process, Successes and Challenges: Training Aboriginal women to strengthen birthing support practices in Aboriginal communities in British Columbia

Lucy Barney, RN, MSN; Janet Walker, RN, MSN; Carolyn Solomon, RN, MSN

Presenter: Janet Walker

PP06

The Baby Friendly Designation; a Collaborative Journey

Jana Stockham, RN, BSN, IBCLC; Helen Irwin, RN, BScN, MSc, IBCLC; Julie Smith-Fehr, RN, BScN, MN

Presenters: Jana Stockham and Helen Irwin

PP07

Geophagia: Soil Pica of Pregnancy

Cynthia Mannion, RN, PhD; Mary Joseph, Master's student; Elias Charles, BSc. Enviro Sc. & Mgt, MPH; Deborah Thomas; Shahirose Premji, RN, PhD

Presenter: Cynthia Mannion

PP08

Lotus Birth in A Tertiary Care Setting: Is it Possible?

Line Pinsonneault, RN, BScN, MEd; Irene Sarasua, RN, MSc(A), PNC(C), IBCLC; Fanny Hershon-Edery, MD, BSc; Melanie Martin, RM, BSc

Presenter: Irene Sarasua

PP09

Development of a Migrant Friendly Maternity Care (MFMC) Questionnaire: An international Delphi consensus

Anita Gagnon, PhD; Rebecca DeBruyn, Master's Student; Stephanie Bouris, Research Manager

Presenter: Lisa Merry

PP10

Factors Related to Women's Experiences and Satisfaction with Prenatal Care

Patricia A. Gregory, RN, PhD(c); Maureen, I. Heaman, RN, PhD

Presenter: Patricia Gregory



PP11

Bladder Health in Post Partum and Post Menopausal Women

Gina Porter, R.N, NCA; Frankie Bates, R.N, NCA

Presenters: Gina Porter and Frankie Bates

PP12

Developing Learning Modules for Perinatal Healthcare Professionals Caring for International Migrants

Anita Gagnon, PhD; Anndrea Ward, Master's Student; Stephanie Bouris, Research Manager

Presenter: Lisa Merry

PP13

The Relationship Between Anxiety, Worries and the Severity of Nausea and Vomiting of Pregnancy: A cohort study of 648 pregnant women

Jennifer Kramer, RN, MN; Nazeem Muhajarine, PhD; Angela Bowen, RN, PhD

Presenter: Jennifer Kramer

PP14

Pain Prevalence Among In-hospital Patients

Barbara Wheeler, RN, BN, MN, IBCLC

Presenter: Barbara Wheeler

PP15

A Promising Alternative to Incubator Care: Investing in Families' Futures

Vicki Bassett, RN, PNC (C), BNSc, Med, IBCLC; Lucie Charron, RN, BScN; Kerri Ritchie, PhD C. Psych.; Kathy Momtahan, RN, PhD

Presenters: Vicki Bassett and Lucie Charron

PP16

Provincial Approach to the Escalating Challenge of Neonatal Abstinence Syndrome

Sandra Parker, RN, BScN, MA Ed; Dr. Kimberley Dow, Professor; Ruth Turner, Senior Project Manager; Marilyn Booth, Executive Director

Presenter: Ruth Turner

PP17

Le projet Éclipse, soigner une grande peine d'amour

Joanie Belleau, spécialiste en évaluation des soins en deuil périnatal; Johanne Martel, coordonnatrice obstétrique-gynécologie et chargée de projets

Conférencière : Joanie Belleau

PP18

Exploration des besoins de santé des femmes du Nord-Ouest du Nouveau Brunswick

Patricia Cormier, M. Sc. Inf.; Sylvie Morin, M. Ps.; Noëlline Lebel, M. Sc. Inf.; France Chassé, Ph. D.; Nathalie Pelletier-Bossé, M. Sc. Inf, M.I.P.

Conférencières : Patricia Cormier et Sylvie Morin





THE SOCIETY OF OBSTETRICIANS
AND GYNAECOLOGISTS OF CANADA

LA SOCIÉTÉ DES OBSTÉTRICIENS
ET GYNÉCOLOGUES DU CANADA

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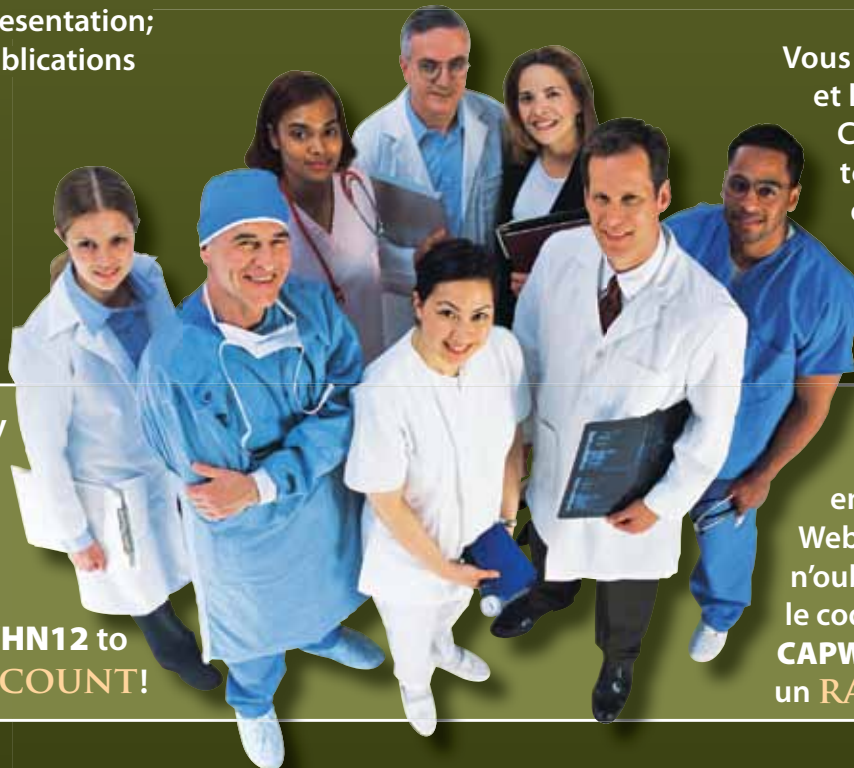
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2012 Exhibitors / Exposants 2012

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Advanced Surgi-Pharm supplies a wide range of Women's Health and Neonatal products that includes Catheters, Enteral Feeding systems, Cervical Dilators, Warming Devices, Pressure Infusers and Fetal Blood Sampling kits. Advanced Surgi-Pharm is a Surgmed Group company that includes Imperial Surgical and Batrik Medical Manufacturing. We invite you to visit www.surgmed.com for more information.

Surgi-Pharm Avancée Inc. Distribue une grande variété de produits destinés pour la santé des femmes et pour les soins périnataux qui inclut les cathéters, système de nutrition entérale, dilateurs cervicaux, cabinets chauffants, bulb à infuser et des échantillonneur de sang fœtal. Surgi-Pharm Avancée Inc. est l'une des compagnies du Groupe Surgmed qui inclut aussi Imperial Surgical et Batrik Medical Manufacturing. Pour plus d'information, nous vous invitons à visiter notre site : www.surgmed.com

CONTRIBUTOR

Alberta Health Services

<http://www.albertahealthservices.ca/careers/>
Booth/Kiosque 6



Alberta Health Services (AHS) employs over 90,000 skilled and dedicated health professionals, support staff, volunteers and physicians.

AHS provides quality care every day to 3.7 million Albertans. Programs and services are provided through 400 facilities throughout the province, including hospitals, clinics, continuing care, mental health and community health facilities. Partnerships with educational institutions foster unique research opportunities in medicine and health sciences placing AHS at the forefront of innovation.

AHS is setting the national standard for quality health services as Alberta's largest employer and only health provider. AHS strives to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

For employment opportunities, please visit www.albertahealthservices.ca or www.healthjobs.ab.ca.

Alberta Health Services (AHS) compte dans ses rangs plus de 90 000 professionnels de la santé, travailleurs de soutien, bénévoles et médecins compétents et dévoués.

AHS offre quotidiennement des soins de qualité à 3,7 millions d'Albertains. Les programmes et les services sont offerts par l'entremise de 400 établissements à l'échelle de la province, y compris des hôpitaux, des cliniques, des établissements de soins continus, des centres de santé mentale et des centres de santé communautaire. Des partenariats avec des établissements d'enseignement favorisent des occasions de recherche uniques dans les domaines de la médecine et des sciences de la santé, ce qui fait d'AHS un chef de file en matière d'innovation.

AHS établit la norme nationale en matière de services de santé de qualité en tant que plus important employeur en Alberta et unique fournisseur de soins de santé. AHS vise à offrir un système de santé de qualité, axé sur les patients, qui est accessible et durable pour tous les Albertains.

Pour des occasions d'emploi, consultez www.albertahealthservices.ca ou www.healthjobs.ab.ca.

AmniSure

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AmniSure® (www.amnisure.ca) is the first FDA-cleared and Health Canada approved rapid immunoassay that detects Rupture Of [fetal] Membranes (ROM), a major cause of pregnancy complications. It is the only ROM test that does NOT require speculum examination and is ~ 99% accurate. AmniSure® International LLC hopes to establish AmniSure® as a Gold-Standard test for ROM worldwide.

AmniSure® (www.amnisure.ca) est le premier tests diagnostique approuvé par la FDA et Santé Canada qui détecte les ruptures de membranes fœtales (RMF), une cause majeure des complications pendant la grossesse. C'est le seul test de RMF qui ne nécessite pas examen au speculum et a ~ 99% de précision. AmniSure® International LLC espère établir l'AmniSure® comme le test standard pour les RMF dans le monde entier.

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Canadian Nurses Association / L'association des infirmières et infirmiers du Canada



<http://www.cna-aiic.ca/>
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The Canadian Nurses Association (CNA) is the national professional voice of registered nurses in Canada. A federation of 11 provincial and territorial nursing associations and colleges representing 146,788 registered nurses, CNA advances the practice and profession of nursing to improve health outcomes and strengthen Canada's publicly funded, not-for-profit health system.

CNA is responsible for the overall management of the only national areas of nursing practice competency certification program. There are currently 19 specialties / areas of nursing practice and more than 17,230 CNA-certified nurses in Canada. From that number 759 nurses are certified in Perinatal Nursing. For more information about the CNA Certification Program, visit the CNA website at <http://getcertified.cna-aiic.ca>.

L'Association des infirmières et infirmiers du Canada (AIIC) est la voix professionnelle nationale des infirmières et des infirmiers autorisés du Canada. En tant que fédération de 11 associations et ordres provinciaux et territoriaux représentant 146,788 infirmières et infirmiers autorisés, l'AIIC fait progresser la pratique et la profession infirmière afin d'améliorer les résultats pour la santé et de renforcer le système de santé public et sans but lucratif du Canada.

L'AIIC est chargée de la gestion globale du seul programme national qui offre la certification dans divers spécialités et domaines de pratique infirmière au Canada. L'AIIC offre actuellement des examens de certification en soins infirmiers dans 19 spécialités ou domaines de pratique infirmière, et plus de 17 230 infirmières et infirmiers sont certifiés au Canada. De ce nombre 759 infirmières et infirmiers sont certifiés en soins infirmiers en périnatalité.

Pour obtenir plus de renseignements au sujet du programme de certification de l'AIIC, consulter le site Web de l'AIIC à <http://obtenir certification.cna-aiic.ca>.

Canadian Nurses Association – Certification Program / L'association des infirmières et infirmiers du Canada – programme de certification

Certification CNA/AIIC

Your certification is valid for five years. To renew, you must meet the hours of specialty nursing experience and either rewrite the certification exam or complete a minimum of 100 hours of continuous learning activities in your nursing specialty during the five years of your certification term. www.cna-nurses.ca.



Votre certification est valide pendant cinq ans. Pour la renouveler, vous devez avoir le nombre requis d'heures d'expérience dans une spécialité infirmière et, soit repasser l'examen de certification, soit avoir accumulé au moins 100 heures d'apprentissage continu (AC) dans votre spécialité au cours de la période de validité de cinq ans de votre certification. <http://obtenir certification.cna-aiic.ca>.

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Cuso International



www.cusointernational.org
Booth/Kiosque 3

Cuso International is an international development organization that works through volunteers. We work in over 20 countries and seven focus areas, including: Education, HIV and AIDS, Disability, Health and Social Well-being, Secure Livelihoods, Participation and Governance and Environment and Natural Resource Management. Cuso International recruits skilled professionals from a variety of professional backgrounds to work in partnership with local or national organizations around the world. Volunteers are matched to placements that meet the direct requests of our overseas partners. They work to share skills and experiences with local colleagues, so their impact continues long after they return home. www.cusointernational.org.

Cuso International est un organisme de développement international et d'envoi de coopérants-volontaires. Nous travaillons dans sept domaines : l'éducation, le VIH et le sida, la condition des personnes handicapées, la santé et le bien-être social, les moyens de subsistance durables, la participation et la gouvernance ainsi que l'environnement et gestion des ressources naturelles. Nos coopérants-volontaires remplissent des mandats qui répondent aux demandes des nos partenaires outre-mer. Les coopérants-volontaires collaborent à des programmes conçus et gérés localement, de sorte à ce que la population locale profite des fruits de leur travail et des connaissances qu'ils ont transmises longtemps après leur départ. www.cusointernational.org.

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Scalable solutions allow you to start with a basic system, and move on to advanced functionality later as your needs change. Centricity® Perinatal provides a wide variety of inbound/ADT, lab, and outbound HL7 interfacing options to further increase the reach and value of interoperability with your existing hospital information system.

The GE Healthcare Centricity® suite of proven, advanced solutions spans the entire care spectrum – from independent physician practices, to academic medical centers, to large and complex integrated delivery networks. Our “healthymagination” vision invites the world to join us on our journey as we continuously develop innovations, which focus on reducing costs, increasing access and improving quality and efficiency.

Healthcare IT Re-imagined. Please visit GE Healthcare at booth 23 at the CAPWHN Conference in Victoria

Centricity® Perinatal de GE permet aux cliniciens d'améliorer la sécurité des patients dans les départements Travail et accouchement, Mère-bébé et dans l'unité néonatale des soins intensifs. Grâce à une solution déployée à l'échelle régionale dans plusieurs établissements, nous vous permettons d'accroître le flux de travail et d'assurer que des soins judicieux et collaboratifs sont prodigués dans l'ensemble du continuum périnatal.

Nos solutions évolutives vous permettent de commencer avec un système de base et de passer plus tard, à mesure que vos besoins changeront, à une fonctionnalité avancée. Centricity® Perinatal offre une grande variété d'options d'interface ADT entrante, laboratoire et HL7 sortante. Vous pourrez ainsi augmenter la portée et la valeur de l'interopérabilité de votre système d'information d'hôpital actuel.

La suite de solutions éprouvées et perfectionnées Centricity® de GE Santé couvre tout le spectre des soins, des cabinets privés aux grands et complexes réseaux intégrés de prestation de soins, en passant par les centres médicaux universitaires. Notre vision, intitulée « healthymagination », invite le reste du monde à nous rejoindre dans notre effort pour mettre continuellement au point des innovations axées sur la réduction des coûts, l'augmentation de l'accès et l'amélioration de la qualité et de l'efficacité.

Healthcare IT Re-imagined. Venez visiter GE Santé dans la salle Loyalist, kiosque n° 23

Health Informatics Institute



<http://www.hiiau.ca/>
Booth/Kiosque 10

The Health Informatics Institute (HII) is a not-for-profit research institute located at Algoma University. The institute is focused on Applied Health Informatics research that improves the efficiency and effectiveness of the health system. Areas of interest include primary and community care, use of Electronic Medical Records (EMRs), geographic information systems (GIS) for health and serious games for health. We aim to develop, implement and commercialize research based innovative solutions and best practices and strive to maintain a strong network comprised of external academic, government and industry partners.

May be receiving French or replacement info.

Hill-Rom



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Booth/Kiosque 9 & 20



Our purpose at Johnson & Johnson Inc – Bringing Science to the Art of Healthy Living – is brought to life by combining innovative research and technology with a deep understanding of the needs of patients and consumers. We are proud that our medical and consumer health products are trusted to enrich the health and wellness of Canadians. Our portfolio includes JOHNSON'S® BABY, AVEENO® BABY®, TYLENOL®, PENATEN® and DESITIN® products.

Notre objectif chez Johnson & Johnson Inc. - La science au service d'une vie saine - n'est possible qu'en fusionnant recherche et technologie innovantes et compréhension approfondie des besoins des patients et des consommateurs. Nous sommes fiers du fait que nos produits de santé et de soins personnels soient utilisés en toute confiance pour enrichir la santé et le bien-être des Canadiens. Nos gammes comprennent entre autres : JOHNSON'S® BABY, AVEENO® BABY®, TYLENOL®, PENATEN® et DESITIN®.

MAQUET-DYNAMED

www.maquet-dynamed.com
Booth/Kiosque 17 & 18



MAQUET-DYNAMED represents the Maternal Infant Care division for GE and will be presenting the entire product spectrum for L&D and NICU including Corometrics Maternal and Fetal Monitoring, Panda iRes neonatal Resuscitation, Giraffe warmers, incubators and combination OmniBed for NICU and Phototherapy treatment devices as well as specialty preemie products such as diapers, soothers and phototherapy eye-covers.

MAQUET-DYNAMED représente la division de soins aux nourrissons et aux mères de GE et proposera toute la gamme de produits pour les unités d'accouchement et de soins néonataux intensifs, dont les appareils de surveillance de la mère et du fœtus Corometrics, les appareils de réanimation néonatale Panda iRes, les tables radiantés Giraffe, des incubateurs et une combinaison d'appareils OmniBed conçus pour l'unité de soins néonataux intensifs et la photothérapie.

CONTRIBUTOR

Mothers Choice Products

www.motherschoiceproducts.com
Booth/Kiosque 27



Mothers Choice Products is a national distributor of mom and infant products including the WHO Code compliant breastfeeding company Ameda. Mothers Choice Products knows how much breastfeeding matters to moms and their babies and that is why we strive to educate and support the professional community. Mothers Choice Products is also a distributor of TENS products which provide natural labour pain relief and pelvic floor exercisers for optimal women's health.

Mothers Choice Products est un distributeur national de produits pour mamans et nourrissons, incluant la marque Ameda, manufacturier de produits d'allaitement se conformant au code de l'OMS. Mothers Choice Products

connaît l'importance de tout ce qui a trait à l'allaitement pour les mamans et leurs bébés, et c'est pourquoi nous nous efforçons d'éduquer et de soutenir la communauté professionnelle. Mothers Choice Products est également le distributeur canadien des produits TENS qui offrent un soulagement naturel de la douleur liée à l'accouchement ainsi qu'un exerciceur du plancher pelvien favorisant une santé optimale chez la femme.

Northern Health

http://careers.northernhealth.ca/
Booth/Kiosque 12



Northern Health is responsible for the delivery of health care across Northern British Columbia, including acute care, mental health, public health, addictions, and home and community care services. Through the efforts of our dedicated staff and physicians, in partnership with communities and organizations, we provide exceptional health services for Northerners. Northern Health leads the way in promoting health and providing health services for Northern and rural populations.

Northern Health est chargée d'offrir des soins de santé dans toute la région nord de la Colombie-Britannique, dont des soins actifs, des soins de santé mentale, des services de santé publique, des soins contre la dépendance, ainsi que des soins communautaires et à domicile. Grâce aux efforts de notre personnel et de nos médecins dévoués, en partenariat avec les communautés et les organisations, nous offrons des services de santé exceptionnels aux habitants de cette région. Northern Health est un chef de file de la promotion de la santé et de l'offre de services de santé aux populations rurales et du Nord.

Philips Healthcare

www.philips.com/healthcare
Booth/Kiosque 7



sense and simplicity

Philips is one of the world's leading healthcare technology companies. We are committed to understanding the technological and human needs of patients and caregivers and to delivering solutions that enable more confident diagnoses, more efficient delivery of care, and more positive user experiences. People focused. Healthcare simplified.

Philips Santé engage à comprendre les besoins des patients et des soignants et de relever l'expérience de soins santé. Accès sur la personne. Soins de santé simplifiés.

Procter and Gamble

http://www.pg.com/en_CA/
Booth/Kiosque 26



P&G provides decades of baby care research with their trusted products (i.e. Pampers Swaddlers® and Pampers Sensitive Wipes®) and educational programs (Pampers Parenting Network® and Pampers.com). For more information, please call the Pampers Professional Answer Line at 1-800-543-3331.

Procter & Gamble, le fabricant d'un large éventail de produits de soins de santé, offre des couches pour nouveau-nés Pampers, des lingettes pour bébés Sensitive et des produits d'hygiène féminine Always. Veuillez composer le 1-800-543-3331 pour obtenir des échantillons gratuits de nos produits hospitaliers.



Spacelabs Healthcare

www.spacelabshealthcare.com

Booth/Kiosque 11

Spacelabs Healthcare is featuring the OBIX Perinatal Data System and the new USCOM ultrasonic cardiac output monitor at this year's show.

Cette année, Spacelabs Healthcare présentera le système de gestion des données périnatale OBIX et le moniteur ultrasonique de débit cardiaque USCOM.



Stanley Healthcare Solutions

www.stanleyhealthcare.com

Booth/Kiosque 24

Stanley Healthcare Solutions is a leading provider of security and safety systems to protect people in healthcare environments. Visit booth 24 to see our market-leading Hugs infant protection system and Pedz pediatric protection system, and to learn about our unrivalled support through the By Your Side customer support program.

Come learn for yourself why thousands of hospitals and senior care facilities worldwide have put their trust in Stanley Healthcare Solutions to help keep their patients and residents safe.

Stanley Healthcare Solutions est un chef de file des systèmes de sécurité et de sûreté pour la protection des personnes dans le milieu de la santé. Visitez le kiosque 24 pour découvrir notre système de pointe de protection des nourrissons Hugs et notre système de protection pédiatrique Pedz, et pour vous familiariser avec notre service de soutien unique offert dans le cadre du programme de soutien à la clientèle By Your Side.

Découvrez pourquoi des milliers d'hôpitaux et d'établissements de soins aux personnes âgées partout dans le monde font confiance à Stanley Healthcare Solutions pour protéger leurs patients et leurs résidents.



Healthcare Solutions

GE Healthcare



A solution born from 22 years of experience

Centricity Perinatal® helps you deliver your best care to every mother and baby for quality outcomes from L&D, through the NICU or Nursery. Our industry-leading solution was created with critical user input from perinatal practitioners, so it works the way you do. With easy access to an unprecedented depth of patient information and improved transparency between providers, you'll spend less time documenting so you can focus more on the people who count.

Contact your representative or learn more at www.gehealthcare.com



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The mark of trust.

Since 1890, JOHNSON'S[®] Brand has been helping mothers care for their babies with products built on pioneering research and rigorous science that continues today. We have worked hard to raise the standards of infant skin care. That's why moms, nurses, and paediatricians continue to trust our mild, gentle, effective formulas. And why you can continue to recommend JOHNSON'S[®] baby products with confidence. It's a trust we'll always work to keep.

Please visit booth No. 20 to learn more about JOHNSON'S[®] latest scientific research.



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www.babyfirst.com

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clinicians & parents of premature babies.**

Comprehensive neonatal education for clinicians along
with support and education for parents.